

**ANALYSIS OF EXPRESSIONS CONTAINING HYPERBOLE IN VIDEO
MOTIVATIONAL ON YOUTUBE**

This Thesis is submitted to fulfil the requirment

For “Sarjana” degree in English Education



by :

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**ENGLISH TADRIS STUDY PROGRAM
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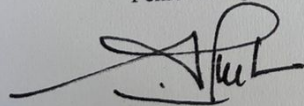
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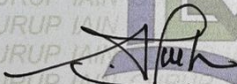
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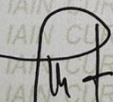
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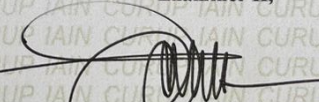

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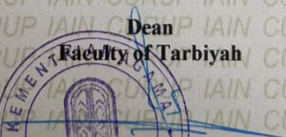
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The researcher finished this thesis " ANALYSIS OF EXPRESSIONS CONTAINING HYPERBOLE IN MOTIVATIONAL VIDEO ON YOUTUBE." This Thesis is submitted to fulfil the requirement For "Sarjana" degree in English Tadris Study Program in IAIN Curup. In the process of compiling this thesis. The researcher get support, guidance, assistance, contribution and motivation from the other. Because of those, the researcher would like to present deepest appreciation to :

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Curup, 29 July 2025

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MOTTO

“Maka sesungguhnya bersama kesulitan ada kemudahan. Sesungguhnya bersama kesulitan ada kemudahan.”

(Q. S Al-Insyirah, 94 5-6)

Dedication

I dedicate this thesis to my beloved grandparents, Sudirman and Jamila, who have always given me their support and prayers, because they are the ones, who have enabled me to persevere to this point and bring happiness to all my loved ones around me.

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ABSTRACT

Mefri Nindita Utami : **Analysis of Expressions Containing Hyoerbole
in Insprational Video on Youtube**
Advisor : Dr.Sakut Anshori,S.Pd.I., M.Hum
Co-Advisor : Jumatul Hidayah, M.Pd

Hyperbole is a figure of speech that uses deliberate exaggeration to create a stronger effect and emphasize meaning. In motivational YouTube videos, hyperbole is often used to attract attention, inspire emotions, and highlight key messages. This study aims to identify the forms and functions of hyperbole in such videos. Using a qualitative descriptive method and content analysis based on Claudia Claridge's framework, the study found 155 instances of hyperbole. Seven forms of hyperbole were identified: single word (19), phrasal (28), clausal (55), numerical (14), superlative and comparative (13), comparison (5), and repetition (21). The most common form was clausal hyperbole, while the least common was comparison hyperbole. The dominant function of hyperbole was rhetorical—used to emphasize messages, capture attention, and evoke emotion. Clausal hyperbole was most frequent because motivational content is designed to inspire enthusiasm, build positive thinking, and encourage self-growth. These videos, covering themes like self-improvement, spirituality, success, and health, show that hyperbole plays a key role in making messages more impactful in spoken motivation.

Key words: Expression, hyperbole, motivational video, YouTube

CHAPTER I

INTRODUCTION

1.1 Background of the research

In the era of globalization, language plays a highly significant role in human life, especially for communication. Without language, humans cannot interact with one another and establish social relationships. Communication in life has an important role in human daily life because communication is one of the human processes to obtain or provide information with others. Language is one of the tools of communication that we have. We need a language to talk with other people so that we are able to convey the message or information and there is no miscommunication between speaker and hearer.

According to Elok Irma Ahmalia Language is a crucial tool that connects individuals and plays a vital role in daily life. People all over the world use language to share their thoughts and goals. Those who speak different languages may still try to understand each other, as language serves various purposes¹. It is important for people to understand the purpose behind the language or words they use when speaking or writing. Conversation usually takes place in a social setting and is the first step in communication and socializing. Therefore, understanding the connection between a language and its users is essential for effective communication. Language also has a relationship with literature, as it can result in great

¹ Elok Irma Ahmalia and Rindrah kartiningsih. *HYPERBOLE IN WIND OF CHANGE AND WHITE DOVE. Journal of language and linguistics*. Vol. 2 no. 1 (2023).

literary works and is used for communication. language is a systematic communication tool. a systematic communication tool. Humans use language to communicate feelings and emotions. feelings and emotions. One of the languages used by millions of people around the world is English. It is can be seen that many people use English in a global context for international communication.

Figurative language refers to when the speaker uses these expressions to imply something different from what they are literally saying. According to Dinda Kusuma Dewi figurative language is actually a style of language. Figurative language is the language of the imagination, contrived to create thought its appeal to the imagination. In other words, many people express their idea through figurative expression when literal language cannot deliver what they want to say. Furthermore, figurative language is used in any form communication, such as in daily conversation, articles in newspaper, advertisement, novels, poems, etc.².

Figurative language is often influenced by emotional reactions and a social environment full of meanings and cultural influences. In communication, language and meaning systems are interconnected in which ideas are conveyed and usually contain meaning. In communication, language and meaning systems are interconnected where ideas are conveyed and usually contain meanings that people can interpret based on the context in which they are used. based on

² Dinda Kusuma Dewi. *HYPERBOLE IN THE SONG LYRICS OF ADELE'S 19 AND 21 ALBUMS THESIS*. 2022

the context in which it is used Conversation usually takes place in a social setting and is the first step in communication and socializing.

Therefore, understanding the connection between a language and its users is essential for effective communication. Language also has a relationship with literature, as it can result in great literary works and is used for communication. In communication, people share thoughts, feelings, ideas in various ways, one of which is through songs.

One of them is through motivational videos on YouTube. Viewers can hear and see that the motivational videos have a lot of figurative language that satirizes this or expresses the speaker's feelings with sentences that have special meanings and the speaker conveys feelings, emotions with subtitles that contain their own meanings, sometimes the speaker also conveys other and hidden meanings. According to Knickerbocker and Reninger figurative language is often also called metaphorical language, figurative language can usually be seen when a figure of speech conveys a language by using sentences that presuppose a certain thing with the circumstances or objects around it, figurative language is the language used by a figure of speech to convey the meaning of literature itself, so that we can interpret it literally.

In everyday conversation, people may use figurative language, but they do not understand the figurative language they are using. Figurative language is language used through words or expressions that have a

different meaning from the literal meaning intended by the speaker. Figurative language is usually used in poems, songs, novels, and movies³.

Students of the English Tadris Study Program at IAIN Curup need to learn about figurative language because it is an essential aspect of mastering English, both in literature and daily communication. Figurative language, such as metaphor, simile, personification, and hyperbole, enriches expression and allows speakers and writers to convey ideas more vividly and persuasively. Without understanding these forms, students may face difficulties in interpreting texts, appreciating literary works, or analyzing authentic materials like speeches, advertisements, and online media. The phenomenon today shows that figurative language is widely used not only in literature but also in motivational videos, social media content, movies, and even academic discussions, where exaggerated or symbolic language is employed to emphasize messages and influence audiences. Therefore, for prospective English teachers, the ability to recognize and analyze figurative language is crucial, as it equips them to both comprehend authentic English materials and teach these features effectively to future learners.

Furthermore, according to Claudia Clarige states that hyperbole is an expression that exceeds the literal expression and

³ Yohanes Nosi, Desak Putu EkaPratiwi, and Ni Wayan Suastini. *UNCOVER THE HIDDEN MEANING OFFIGURATIVE LANGUAGE FOUND IN JASON DERULO SONG LYRICS*. *Elysian Journal: English Literature, Linguistics and Translation Studies*, Vol. 2 No. 1 February 2022

contains more semantic attributes of expression something⁴. Hyperbole is also effective to gain other's attention by using hyperbole. It is used frequently in society to deliver a message to each other either in spoken or written language like in commercial advertisement. is one of the most widely used figurative languages, not only in literature, but also in everyday language.

It makes the message of communication easier to catch as it emphasizes contrasts or even deceives ideas. Hyperbole in literary works is very interesting to identify because hyperbole and literary works can make a literary work more interesting to read. Make literary works more interesting to read or listen to. In addition, hyperbole has characteristics that are easily characteristics that are easy to identify the descriptive words of hyperbole have meanings other than literal meanings, even words that are not literal.

There are so many things we encounter about hyperbole such as song lyrics, movie subtitles, poetry, motivational video and many more. This researcher is interested in researching hyperbole in motivational video that are often found on YouTube. This researcher is interested in researching hyperbole in motivational video that are found on YouTube. motivational videos are also found a lot about life, romance, education and more. the purpose of this motivational video is also very useful because this motivational video can inspire the audience and the speaker in the motivational video.

⁴ Claudia Claridge. *Hyperbole in English A corpus based study of exaggeration*. P⁵

The researcher is interested in investigating figurative language, especially hyperbole, in inspirational videos on YouTube because this genre relies heavily on persuasive and emotional expression to influence audiences. Hyperbole, as a form of exaggeration, is frequently used by speakers in these videos to emphasize messages, attract attention, and inspire motivation. The phenomenon of YouTube as a popular platform for self-improvement, success stories, and motivational content shows that millions of viewers are exposed to language that aims to shape mindset and behavior through rhetorical strategies. Studying hyperbole in this context is important because it reveals how language functions not only as a medium of communication but also as a tool of persuasion and emotional engagement. Furthermore, as prospective English teachers, students of the English Tadris Study Program need to understand how figurative language operates in authentic, modern media so they can critically analyze, teach, and apply it in both academic and real-life settings.⁵.

In this study the research wants to know about pragmatic relationship with hyperbole and also the research wants to further understand the use of excessive types of words (hyperbole) contained in motivational videos on YouTube. Therefore, the authors are encouraged to analyze the phenomenon entitled Analysis of Expressions Containing Hyperbole in Motivational Videos on YouTube.

1.2 Research Questions

⁵ Syafrianita, Fadhila Hasan, Diana Chitra. *an Analysis of Hyperbolic Expressions Found in Different Song Lyrics. Journal of Language and Linguistics*.vol. 2 no. 26 augst 2021.

Based on the explanation in the background above, the research question can be taken as follows:

1. What are the forms of hyperbole expression found in motivational videos on YouTube?
2. What is the function of each hyperbole expression form found in motivational videos on YouTube?

1.3 Research Objective

Based on the research question, the objectives of this research are follows:

1. To investigate the forms of hyperbole found in motivational videos on YouTube?
2. To identify the function of each hyperbole form found in motivational videos on YouTube?

1.4 Limitation of the research

In this study, researchers focused on the excessive use of hyperbole in motivational videos on YouTube. The aim of this study is to determine the forms of hyperbole and their function in motivational videos on YouTube. This research focuses on sociolinguistics, which relies on the analysis of excessive language (hyperbole) and the function of excessive language (hyperbole). Researchers can find excessive language (hyperbole) in the words and level of expression used in the discussion. words/sentences used by speakers in motivational videos on YouTube. The subject of this research is the transcripts of motivational videos on YouTube. The object of this research is the words and sentences of hyperbole in motivational videos on YouTube. This research will be conducted in the 2024/2025 academic year.

1.5 Significance of the Research

This research is expected to provide two benefits:

1. Theoretical benefits

This study can be used as a reference for future improvements regarding hyperbole. This study can also enrich knowledge about exaggerated words (hyperbole) in motivational videos on YouTube. This study is useful for readers to better understand sociolinguistics, especially regarding hyperbole, because this study contains many theories and studies about hyperbole.

2. Practicaly Benefits

a. for the lecturers and students

This research can be used as a source of knowledge to easily understand how hyperbole is used in motivational videos on YouTube, thereby improving knowledge about hyperbole in motivational videos on YouTube. This research can also enhance the experience of viewers and types, as well as the function of hyperbole in motivational videos on YouTube.

b. for the future reaserch

This research is applied and opens new doors for research in digital education studies and this research is expected to be an interesting reference to be researched, especially about the study of hyperbole. this research is one of the gates of reference materials that are useful for deciding the statement and is also useful especially in the field of sociolinguistics, especially the hyperbole section.

1.6 Definition of Key Terms

1. Expression

In the context of inspirational videos on YouTube, hyperbole is often used as a rhetorical strategy to evoke emotions, reinforce messages, and create a greater impact on viewers. According to Richards and Schmidt, “Expression is a unit of language (word, phrase, or sentence) that conveys meaning, emotion, or thought in communication.”⁶

These expressions typically appear in the form of exaggerated statements about conditions, potential, feelings, or situations. Here, hyperbole serves not only as a stylistic device for exaggeration but also as an effective persuasive tool for conveying motivation, values, and beliefs. The goal is for the audience not to interpret it literally but to feel its emotional and psychological impact.

2. Hyperbole

Hyperbole is a figure of speech and literary device that creates heightened effect through deliberate exaggeration. “Hyperbole is a form of exaggeration which intensifies meaning and is common in both casual speech and literary contexts.”⁷ A hyperbole is a literary device wherein the author uses specific words and phrases that exaggerate and overemphasize the basic crux of the statement in order

⁶ Richards, J. C., & Schmidt, R. (2010). *Longman dictionary of language teaching and applied linguistics* (4th ed.). Pearson Education Limited.

⁷ McCarthy, M., & Carter, R. (2004). “There’s millions of them”: Exaggeration in everyday conversation. *Journal of Pragmatics*, 36(2), 149–184.

to produce a grander, more noticeable effect. According by Quintilian Hyperbole is an elegant straining of the truth, an amplification which represents things as greater or lesser than they really are.⁸

3. Video Motivational

Motivational videos are a type of audio-visual content designed to inspire, encourage, and stimulate positive action among viewers.⁹ These videos typically combine powerful speeches, uplifting background music, and impactful imagery to create an emotional response. The purpose of motivational videos is not only to entertain, but also to influence the mindset, attitudes, and behavior of the audience. In conclusion, motivational videos are videos that tell stories that can encourage viewers to find innovative ideas and motivation for the future so that they can discover new things in their creative endeavors.

4. YouTube

YouTube is a global video-sharing platform that enables users to create, upload, view, and interact with audio-visual content, fostering a participatory culture where audiences are also producers.¹⁰ Users can watch, like, comment on and upload their own videos. YouTube can be accessed through PCs, laptops, tablets, and mobile

⁸ Quintilian. (1920). *Institutio oratoria* (H. E. Butler, Trans.). Harvard University Press.

⁹ Brainz Magazine, *The rise of motivational videos: Understanding their popularity* (2023), <https://www.brainzmagazine.com/post/the-rise-of-motivational-videos-understanding-their-popularity>.

¹⁰ Burgess, J., & Green, J. (2018). *YouTube: Online video and participatory culture* (2nd ed.). Polity Press.

phones. YouTube is also an application to search for songs, videos, movies and others.

1.7 Organization of the Research

The writer organizes the process of this research report systematically. The thesis organization includes the following chapters, there are:

Chapter I: Introduction. It consists of study background, scope and research limitation, research problem formulation, objective research, the importance of research, organization study, definition of terms.

Chapter II: Literature Review. Consist of review of several theories related to research, a review of previous research.

Chapter III: Research Methodology. It consists of research design, research objects, data and source of data, data collection thchnique, instruments, Validation of the researcher's data analysis.

Chapther IV: Findings and Discussion

Chapther V: Closing. Consist of conclussions and suggestions.

CHAPTER II

LITERATURE REVIEW

2.1 Figurative Language

Figurative language refers to the use of words and expressions that go beyond their literal meaning to create a more imaginative or impactful effect in communication. According to Gibbs, figurative language allows speakers and writers to express complex ideas, emotions, and perspectives in ways that literal language cannot always capture¹¹. It plays an essential role in enriching communication by adding depth, vividness, and creativity to spoken or written discourse.

The functions of figurative language are diverse, ranging from aesthetic to rhetorical purposes. Lakoff and Johnson explain that figurative expressions shape not only how people communicate but also how they conceptualize the world, as they often reflect cultural and cognitive frameworks¹². Figurative language can be used to emphasize meaning, persuade audiences, evoke emotions, and make communication more memorable. In educational and social contexts, it also serves as a tool to engage listeners, simplify abstract ideas, and enhance interpersonal relationships¹³.

¹¹ Gibbs, R. W. (1994). *The poetics of mind: Figurative thought, language, and understanding*. Cambridge University Press

¹² Lakoff, G., & Johnson, M. (2003). *Metaphors we live by*. University of Chicago Press

¹³ Leech, G. N. (1969). *A linguistic guide to English poetry*. Longman

There are several common types of figurative language, each serving unique communicative purposes. Simile is a comparison between two different things using explicit markers such as *like* or *as*, for example, “brave as a lion.” Metaphor, in contrast, makes an implicit comparison without these markers, such as “time is a thief.” Hyperbole involves deliberate exaggeration to emphasize an idea or evoke emotion, as in “I’ve told you a million times.” Other forms include personification, which gives human qualities to non-human entities, and irony, which conveys meaning opposite to the literal words. These different types highlight the richness and flexibility of figurative language in communication and demonstrate why it is a central aspect of both everyday interaction and artistic expression.

2.2 Definition of the Hyperbole

Hyperbole is a type of figurative language that involves exaggerating something to convey a point or create a clear effect. found according by Claudia Claridge hyperbole is an expression than exceeds the literal expression and containing more semantic attributes of expressions something¹⁴. Also, Hyperbole is a rhetorical trope which conveys meaning through exaggeration, often by overstating qualities, size, or degree, not to deceive but to intensify expression.¹⁵ a deep impression on the listener. to the listener, Listeners are usually more likely to understand a video through its subtitles and listeners can analyze the word by word who use excessive language to convey the message in the video. Hyperbole aims to emphasize

¹⁴ Claudia Claridge. *Hyperbole in English A corpus based study of exaggeration*. 2011 P⁵

¹⁵ Stern, J. (2000). *Metaphor in context*. MIT Press.

something, hyperbole tries to exaggerate something, making it more dramatic or tragic and no one believes that it is true. The use of hyperbole can be found in literary works such as songs, poems, novels, plays, and one of them is film.

Hyperbole can be defined as a figure of speech that intentionally exaggerates or exaggerates a point to create impact or emphasis. It is not meant to be taken literally; Meanwhile, according to Johnson, Arp, & Perrine, hyperbole or overstatement is simple exaggeration, but exaggeration in the service of truth according by Abrams Quoted in journal ginarsiwi M, Rahmaditya K.A.RW, and Ratini Setyowati Similarly.¹⁶ Meanwhile, according to Allan & Burridge in *Forbidden Words: Taboo and the Censoring of Language*, hyperbole is also used as an intensifier in spoken language to attract attention, emphasize felt truth, and trigger emotional responses from the listener.¹⁷ Like all figures of speech, overstatement can be used with a variety of effects.

It can be humorous or serious, fanciful or restrained, convincing or unconvincing. and also to sharpen about hyperbole. According by Leech in quoted in journal Ika Hyperbole is a figure of speech that uses an exaggerated or extravagant statement to create a strong emotional response. As a figure of speech, it is not intended to be taken literally. Hyperbole is

¹⁶ Ginarsiwi Mayangseto, Rahmaditya Khadifa Abdul Rozzaq Wijaya. *Hyperbole analysis in gracie abrams good riddance deluxe album. Sintaksis :publikasi para ahli bahasa dan sastra inggris*. Vol 2 No. 5 september 2024

¹⁷ Keith Allan & Kate Burridge (2006). *Forbidden Words: Taboo and the Censoring of Language*. Cambridge University Press.

frequently used for humor. It tells more than the truth about the size, number, or degree of something without intending to deceive.¹⁸

The conclusion can be found hyperbole is a figure of speech involving exaggerated statements or claims that are not meant to be taken literally. This is often used for emphasis or humorous effect. For example, saying “i,m so hungry i could eat a horse” is hyperbole emphasizing extereme hunger and not a literal intention to aet awhole horse. Some experrts often use hyperbole in literature, advertising, and everyday language to create a dramatic effect or to highlight the intensity of the feeling. This attracts attention an can make a point more memorable.

2.2 Forms of Hyperbole

In the term of type, hyperbole can be categorized into several forms. Claridge (2011)¹⁹ , divide the forms of hyperbole into seven forms. As follows:

a. Single Word Hyperbole

This is called single word hyperbole because it is only occurred when there is single overstatement word in the utterance or sentence. It means that when the exaggerated word is leaving out, then the hyperbolic meaning in the sentence or utterance will disappear.

Example:

“For the first time in forever, there l’ll be music, there I’ll be light, for the first time in forever, I’ll be dancing through the night “

¹⁸ Ika Trisnantasari, M. Pd. *AN ANALYSIS HYPERBOLE IN MY SUNSHINE NOVEL BY CATHERINE ANDERSON*.*AESTHETICS:jurna; fakultas sastara universitas gersik*.Vol. 5 No. 2(2016)

¹⁹ . Claridge claudia. *Hyperbole in English (A corpus-based studi of exaggeration)*. 2011. P 44

Forever in this statement does not mean really forever but it refers to a very long time. In the sentence the hyperbolic word is forever, if the word forever is removed from the sentence, the element of hyperbole in that sentence will also completely disappear. The single word hyperbole with the word “forever” exaggerates the emotion.

b. Phrasal Hyperbole

If single word hyperbole only contains with one single word, in phrasal hyperbole it contains with more than one word, it is a combination of words.

Example:

” *Oh, my sore eyes can’t wait to see the queen and the princess. I bet they’re absolutely lovely*”

This statement is phrasal hyperbole. It is a combination of words and sense. *My sore* refers to sense. It is something that can only be felt. *Eyes* is a word explained by the sense. The phrase *my sore eyes* express how he cannot wait to meet the queen and the word is applied to make things seem to be exaggerated.

c. Clausal Hyperbole

The other form called clausal hyperbole. It is a form of hyperbole which contains two or more clausal constituents. The hyperbolic markers form a clause which consists with subject and verb.

Example:

” *I’ve started talking to the pictures on the walls*”.

Talking is an activity that involves the speaker and hearer, it is impossible for a wall to be a hearer. This statement is clausal hyperbole, because clausal hyperbole is a hyperbolic style which occurs by combining one or more words

d. Numerical Hyperbole

In this form the speaker or writer use number as one way to create hyperbolic meaning. The number can be one of the hyperbolic signs and they occur frequently. Numerical hyperbole can be found in single word hyperbole, phrasal hyperbole, or clausal hyperbole. There are significant words to recognize numerical hyperbole, they are hundreds, thousands, millions, billions, etc.

Example:

“There are still thousands of works waiting for me tonight.”

By saying thousands of works the speaker intends to say that he has so many works to do, but the number is not literally in thousand.

Example:

” Beautiful! Powerful! Dangerous! Cold! Ice has a magic can’t be controlled. Stronger than one, stronger than ten, stronger than a hundred men!”

This statement contains numerical hyperbole and the use of numerical hyperbole with the word *hundred* makes the situation become bigger and impossible to happen. In the reality it would not be possible if some men could stronger than a hundred men.

e. The Role of Superlative

If there is superlative, there must be comparison and superlative form can indicate hyperbole. Superlative makes something sound so excessive and extreme; therefore, it leads to overstatement. Example of superlative hyperbole: *“It is the cheesiest thing that I’ve ever heard.”*

Example:

“Yeah. I bet Elsa’s the nicest, gentlest, warmest person ever. OH, look at that. I’ve been impaled”

In this statement, there are 3 superlatives: nicest, gentlest and warmest. Superlative makes something sound so excessive and extreme.

f. Comparison

In this form, sometimes the hyperbolic meaning consists with comparison. By comparing something, it will become the opportunities to create a hyperbole.

Example:

” There’s twenty feet of fresh powder down there; it’ll be like landing on a pillow.....Hopefully”

In these statements, the word like is classified into comparison hyperbole because the speaker uses the sentences to exaggerated her feelings and persuade the hearer to jump.

g. Repetition

This forms of hyperbole usually used in spoken language. Sometimes people tend to repeat their utterances for couples of times in order to emphasize something.

Example: “*never give up, never give in*”.

Tabel 2.1
Form of Hyperbole

No	Type of Hyperbole	Key Feature	Example	Conclusion/Function
1	Single Word Hyperbole	Exaggeration expressed through one word . If removed, hyperbolic sense disappears.	<i>“Forever in this statement does not mean really forever...”</i>	Emphasizes strong emotion with one exaggerated word.
2	Phrasal Hyperbole	Exaggeration formed by a phrase or combination of words .	<i>“My sore eyes can’t wait to see the queen and princess.”</i>	Creates dramatic effect by combining words and senses.
3	Clausal Hyperbole	Exaggeration formed by a clause (subject + verb) .	<i>“I’ve started talking to the pictures on the walls.”</i>	Makes impossible actions sound real, intensifying expression.
4	Numerical Hyperbole	Exaggeration expressed with numbers (hundreds, thousands, millions).	<i>“There are still thousands of works waiting for me tonight.”</i>	Shows extreme quantity or magnitude beyond reality.
5	Superlative Hyperbole	Exaggeration with superlatives (nicest, best, warmest, etc.).	<i>“Elsa’s the nicest, gentlest, warmest person ever.”</i>	Highlights extremity and excessiveness in quality.
6	Comparison Hyperbole	Exaggeration through comparison (like, as if, etc.).	<i>“It’ll be like landing on a pillow...”</i>	Creates imagery and persuasion by comparing reality to extreme situations.
7	Repetition Hyperbole	Exaggeration by repeating	<i>“Never give up,</i>	Strengthens motivation and

		words/phrases for emphasis.	<i>never give in.”</i>	emotional impact through repeated emphasis.
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2.3 Communicative function of the hyperbole

According Claudia Claridge ²⁰ describe two functions of hyperbole as follows:

a. Rhetorical

According to Claridge, hyperbole has an important rhetorical function in communication because it can reinforce messages, evoke emotions, and attract audience attention. As part of the classic rhetorical language style, hyperbole is commonly found in various forms of discourse, including advertisements, political speeches, literature, and daily conversations. Its function is not only limited to a form of exaggerated expression, but also as a strategic tool to increase communication effectiveness. One of the main functions of hyperbole rhetorically is as a persuasive tool, which is to persuade or convince listeners through emotional reinforcement of meaning. For example, in the realm of advertising, the use of phrases such as

“This product will change your life forever”

That is a form of hyperbole that aims to create an emotional appeal to the product. In addition, hyperbole serves to emphasize certain meanings. In narrative or dialog, statements such as

“I’ve waited a lifetime”

²⁰. Claudia Claridge (2011). *Hyperbole in English: A Corpus-based Study of Exaggeration*. Cambridge University Press

That is showing how a form of hyperbole can portray the intensity of the speaker's emotions that cannot be represented by literal expressions. Claridge also emphasizes that hyperbole can create an effect of vivacity, making language more vivid and dramatic, thus increasing the rhetorical appeal of communication. This function is particularly prominent in literary works, song lyrics, and entertainment media. In addition, the use of hyperbole is also related to the expression of the speaker's rhetorical identity, where these expressive forms reflect one's personal style or communication character. Even in certain contexts, hyperbole is used consciously to create the effect of humor or irony, which is not only emotionally appealing, but also builds warmer social relationships through creative and entertaining language styles. Thus, the rhetorical function of hyperbole covers various aspects that make it one of the effective and multifunctional rhetorical tools in language practice.

b. Politeness Language

According to Claridge, hyperbole is not only used to expressively enlarge meaning, but it can also be a tool to maintain interpersonal relationships and convey intentions politely.²¹ In this context, hyperbole is often part of the positive politeness strategy, which is the speaker's attempt to show appreciation, attention, or respect to the interlocutor.

For example :

“You are so beautiful tonight”

²¹ Claudia Claridge, *Hyperbole in English, Hyperbole in English* (Cambridge: Cambridge University Press, 2010), <https://doi.org/10.1017/cbo9780511779480>.

That is not only an exaggerated form of praise, but also shows the speaker's attempt to build positive social relationships. Hyperbole is also used to avoid direct criticism. In situations of potential conflict or tension, a speaker may choose to express a complaint or judgment hyperbolically to make it sound lighter and less offensive.

For example:

“This printer must have been made in the stone age”

That is used as a form of complaint against old technology, but it is delivered in a humorous style and does not attack directly. In this way, hyperbole plays a role in reducing tension in social interactions. Furthermore, hyperbole can be used to create humor and strengthen social solidarity, especially in informal contexts. Sentences such as “If I wait any longer, I'll be a skeleton!” are used not only to convey frustration, but also to entertain and build familiarity through hyperbolic and humorous language styles. In this context, hyperbole demonstrates its ability as a form of politeness strategy that is creative and flexible, depending on the context and communicative purpose of the speaker. Thus, the politeness function of hyperbole shows that this language style is not only aesthetic or expressive, but also has an important role in creating effective and socially harmonious communication.

Tabel 2.2
Functions of Hyperbole

No	Function of Hyperbole	Key Aspects	Example	Conclusion/Use
1	Rhetorical Function	- Reinforces messages - Evokes	<i>“This product will</i>	Hyperbole strengthens

		emotions - Attracts attention - Persuades & emphasizes meaning - Creates vividness & dramatic effect - Reflects speaker's style - Can be humorous/ironic	<i>change your life forever. "I've waited a lifetime."</i>	communication by making language more persuasive, vivid, and emotionally appealing in ads, literature, speeches, and daily talk.
2	Politeness Function	- Builds positive social relations - Expresses praise politely - Softens criticism - Reduces tension - Creates humor & solidarity	<i>"You are so beautiful tonight." "This printer must have been made in the stone age." "If I wait any longer, I'll be a skeleton!"</i>	Hyperbole functions as a politeness strategy by showing appreciation, softening negative messages, entertaining, and strengthening social bonds.

2.4 Motivation and Motivational Videos

Motivation is generally understood as the driving force that directs human behavior towards achieving goals. From a psychological perspective, motivation is seen as an internal process that activates, guides, and sustains behavior²². It can be classified into intrinsic motivation, which comes from personal interest or inner satisfaction, and extrinsic motivation, which is influenced by external rewards or pressures. From an educational perspective, motivation is essential for learning since it determines students' persistence, effort, and engagement in academic activities²³. In this sense,

²² Ryan, R. M., & Deci, E. L. (2000). Self-determination theory and the facilitation of intrinsic motivation, social development, and well-being. *American Psychologist*, 55(1), 68-78

²³ Schunk, D. H., Pintrich, P. R., & Meece, J. L. (2014). *Motivation in education: Theory, research, and practice* (4th ed.). Pearson Higher Ed

motivation functions not only as a psychological impulse but also as a crucial factor in shaping achievement and personal development.

Motivational speeches and videos play a significant role in inspiring audiences by triggering emotional responses, enhancing confidence, and encouraging individuals to overcome obstacles. According to Sinek, motivational messages are powerful because they appeal to values, emotions, and personal aspirations rather than mere logical reasoning²⁴. On platforms like YouTube, motivational videos have become a popular medium for self-development, as they combine spoken words, background music, and visuals to maximize emotional impact. These videos often aim to build resilience, inspire optimism, and provide practical encouragement for achieving success in personal and professional life.

The language style used in motivational videos is typically emotive, persuasive, and figurative. Emotive language helps to create a strong emotional bond between the speaker and the audience by appealing to feelings such as hope, courage, or determination. Persuasive language is employed to influence the audience's mindset and encourage action, often through repetition, rhetorical questions, or imperative sentences. Figurative language, particularly hyperbole, is also widely used because it strengthens the motivational message by exaggerating certain ideas, thus making them more vivid and memorable²⁵. This unique combination of language styles enhances the overall impact of motivational videos and explains why they are effective in influencing audiences on digital platforms like YouTube

²⁴ Sinek, S. (2014). *Leaders eat last: Why some teams pull together and others don't*. Penguin

²⁵ Claridge, C. (2011). *Hyperbole in English: A corpus-based study of exaggeration*. Cambridge University Press

2.5 Review of Relevant Research

Several similar studies have been conducted by previous researchers, first a research conducted by Filomena Bian, I Gusti Agung Sri Rwa Jayantini, I Wayan Sidha Karya with the title *An Analysis of Hyperbole in Drama "Romeo and Juliet" By William Shakespeare*. In this study, the researcher applied descriptive qualitative method. the researcher focuses on the total of hyperbole and the meaning of hyperbole in drama "Romeo and Juliet" by William Shakespeare. The result of the study shows that the total of hyperbole in drama script is eight data and the meaning of hyperbole, writer found three meaning there are; 1 of conceptual meaning, 6 of connotative meaning and the last 1 of affective meaning. From all the meaning of hyperbole that are performed by the drama script 'Romeo and Juliet' by William Shakespeare, the most dominant data that appear in the drama is connotative meaning with the total 6 data.²⁶

The second by Marchellina Wijaya with the title *Hyperbole in toiletries products advertisements on youtube*. The purpose of this research was to identify the forms of hyperbole found in toiletries product advertisements on YouTube. The data were taken from toiletries product advertisements on YouTube. The author applied Claridge's theory to classify the forms of hyperbole. There are seven forms of hyperbole according to Claridge (2011). They are single word hyperbole, phrasal

²⁶ Bian, Filomena Gusti Agung Sri Rwa Jayantini, and Wayan Sidha Karya. *An Analysis of Hyperbole in Drama "Romeo and Juliet" By William Shakespeare*. *ELYSIAN JOURNAL English Literature, Linguistics and Translation Studies*. Vol 1. No.02 2021

hyperbole, clausal hyperbole, numerical hyperbole, the role of superlative, comparison, and repetition. The author used the qualitative research method to do the research. This study reveals that only six forms of

Hyperbole according to Claridge (2011) were found in toiletries products advertisements on YouTube. The forms are single word hyperbole, phrasal hyperbole, clausal hyperbole, numerical hyperbole, the role of superlative, and repetition. From the occurrence of all six forms of hyperbole, toiletries products advertisements end to use phrasal hyperbole, single word hyperbole, and numerical hyperbole. In conclusion, it can be said that almost all toiletries product advertisements on YouTube use hyperbole to attractor persuade people to buy their products.²⁷

The equation of this research has similarities in the use of theory, namely from Leech and Claudia Claridge. This research also fills in the gaps of previous research in terms of the inspirational videos analyzed. This study analyzes inspirational videos that aim to inspire the audience. While previous research analyzed songs/movies video that analyzed in this study are also inspirational videos on YouTube.

²⁷ Marchellina Wijaya. *HYPERBOLE IN TOILETRIES PRODUCTS ADVERTISEMENTS ON OUTUBE. Journal of english linguistic and literature*.VOL 7 NO. 1 (2022)

CHAPTER III

RESEARCH METHODOLOGY

3.1 Research Design

The method applied in this study is content analysis, which is commonly used in qualitative research to analyze written, spoken, or visual communication messages. Krippendorff (2004) defines content analysis as a research technique for making replicable and valid inferences from data to their context²⁸. In this research, content analysis is employed to examine hyperbolic expressions in inspirational YouTube videos. The researcher identifies, classifies, and interprets the data based on the forms and functions of hyperbole following Claudia Claridge's framework. Through this method, the study does not merely count the occurrences of hyperbole but also interprets how these exaggerated expressions function rhetorically to motivate, persuade, and emotionally influence audiences. Thus, content analysis is suitable for this research because it allows an in-depth exploration of language use in a real and natural communication setting.

The research is designed to get answers about Hyperbole in the motivational videos on youtube. Research have chosen motivational videos on youtube a data source. The data used for this research are all transcript related to hyperbole. There were methods needed by researchers in research when researcher use a qualitative approach. This qualitative descriptive approach is used to display the results of the data. It is to understand deeply,

²⁸ Krippendorff, K. (2004). *Content analysis: An introduction to its methodology* (2nd ed.). Thousand Oaks, CA: Sage Publications

not always to analyze cause and effect but also to deepen understanding of something being studied. The method applied in this study was document analysis, the researcher was focused on analyzing a document. The goal was to focus on analyzing the types of hyperbole words and hyperbole functions used in inspirational videos on youtube.

3.2 Research Object

The primary data source of this research was taken from inspirational and motivational videos on YouTube, since the transcripts of these videos were analyzed to identify hyperbolic words, their types, and their functions. The selected videos include: *Make An Impact – Motivational Video*, *YOUR VALUE – Powerful Motivational Speech*, *KILL YOUR LAZINESS – Motivational Speech*, *I MUST KEEP GOING – Motivational Video*, *YOU CAN'T STOP, Don't Settle For AVERAGE! – Student Motivational Video*, *Don't Compare Yourself to Anyone || Life Changing Story*, *Why Do We Fall – Motivational Video*, *The Greatest – Muhammad Ali Motivational Video*, *Tyson Fury – Motivational Video*, and *Day One*. These videos were chosen because they represent various sub-genres of motivational content such as self-improvement, success, personal struggle, and life stories, which commonly employ figurative language to inspire and persuade audiences.

Tabel 3.1
Primary Data Source of the Research

Source	Title of Video	Sub-Genre / Theme
YouTube Inspirational & Motivational Videos	<i>Make An Impact – Motivational Video</i>	Self-improvement, inspiration
	<i>YOUR VALUE – Powerful Motivational</i>	Self-worth, confidence

	<i>Speech</i>	
	<i>KILL YOUR LAZINESS – Motivational Speech</i>	Discipline, productivity
	<i>I MUST KEEP GOING – Motivational Video</i>	Perseverance, resilience
	<i>YOU CAN'T STOP</i>	Determination, success
	<i>Don't Settle For AVERAGE! – Student Motivational Video</i>	Academic motivation, excellence
	<i>*Don't Compare Yourself to Anyone</i>	
	<i>Why Do We Fall – Motivational Video</i>	Overcoming failure, resilience
	<i>The Greatest – Muhammad Ali Motivational Video</i>	Sports motivation, success
	<i>Tyson Fury – Motivational Video</i>	Personal struggle, comeback
	<i>Day One</i>	New beginnings, determination

The secondary data source of this research consists of supporting materials related to the analysis of hyperbole and figurative language, including books, journal articles, and reliable internet sources. These references provide theoretical foundations and previous findings that support the analysis of hyperbole in motivational discourse. By combining both primary and secondary sources, this research aims to present a comprehensive understanding of how hyperbole functions in inspirational videos.

3.3 Data Collection Technique

This research uses documentation techniques to collect data. Qualitative research also usually used written documents to understand the phenomena in research. In conducting this research, the research can use documentary techniques to collect data by obtaining data from watching the speaker's expression in the motivational video on YouTube. The summary technique was a technique that uses written sources to obtain data, data collected from the internet, videos, transcripts, and several improvement books. This technique used by researcher because the object of data research was an expression motivational videos on YouTube. This technique used by researcher because the object of data research was expression motivational videos. Data collection techniques be done through several steps as follows:

- a. Watch the motivational videos on YouTube.
- b. Download the English transcript of the motivational videos on YouTube
- c. Open transcript in notepad
- d. Confessing. And pasting the dialogue from notepad into Microsoft word
- e. Re-watch and check the accuracy of the motivational videos script
- f. Put a checklist on the expression in the dialogue that are suspected of being hyperbole.
- g. Classify and analyze in the form of expression hyperbole

3.4 Data Analysis Technique

Researcher data analysis techniques through a process, namely a process used structure the data to increase understanding of the data and present what they learn to others. Because researcher used content analysis, can define analysis as consisting of three concurrent activities: data reduction, data display and conclusion drawing or verification. They explore each of these themes in more depth as we proceed through the book the data to be analyzed used theory from Miles and Huberman²⁹, as follows:

1. Data Reduction

The aim is to reduce or remove unnecessary entries in order to sharpen the data obtained. In this step the researcher collects hyperbole as documentation data and then focuses on the data by referring to the research problem. After the data is collected, the data will be sorted or reduced. In this process the researcher only finds hyperbole words related to research. After reducing and collecting the data, the researcher created and displayed all the data through a descriptive form. In this study, the existing scripts were then analyzed and looked for which ones were slang words and which ones were not hyperbole words. So, after getting hyperbole words. Then what is not a hyperbole word is discarded and not used anymore. For example, in V1 01:01-00:05, there is the sentence “success is incredibly important...” After analysis, ‘incredibly’ is a hyperbole word. Therefore, words other than “incredibly” are not hyperbole and must be reduced.

2. Data Display

²⁹ Matthew B. Miles and A. Michael Huberman. *Qualitative Data Analysis second edition*. Internal educational and professional publisher thousand oaks London New Dheli. 1994. P ¹⁰

Displaying data based on the formulation of research problems. This step was carried out by describing the hyperbole in inspirational videos and then identifying the types of hyperbole words and functions. In this studied, for data display after hyperbole is collected, it is then analyzed and grouped according to research questions. Research question number 1 is types of slang. Where based on Claudia Claridge and Leech theory, there are 7 types of hyperbolic.

3. Data Conclusion and Verification

This stage a process for drawing conclusion from various data that has been reduced and presented to reach a final conclusion that is able to answer the problems in the research. This conclusion was also verified when the analysis was continued. Drawing this conclusion begins when after collecting the data then making temporary conclusions. This stage a process for drawing conclusion from various data that has been reduced and presented to reach a final conclusion that is able to answer the problems in the research. This conclusion was also verified when the analysis was continued. Drawing this conclusion begins when after collecting the data then making temporary conclusions.

3.6 Research Instrument

The instrument a tool used to obtain research data. In qualitative research, a researcher was an instrument that directly seeks and collects data by observing directly, either by seeing, hearing and feeling it directly from the respondent as a data source.

a. Document Checklist

In this study, researcher used instruments, the researcher herself and documentation. In a research instrument without the researcher herself, a research would not work because there is no party that determines the topic, main focus, and collects data. The researcher's duty is to determine the main focus or research topic based on her subjective thinking. Then the task of collecting research data is then analyzed and conclusions are drawn as a result. Then the document instrument or can also be called the term literature. The researcher make the instrument based on Claridge (2011)³⁰ theory. Where the researcher found a number of documents to obtain data related to the research object. The following is a tool for researcher to used analyze the data as follows:

Table 3.1:
Table Blueprint Data Indicator Analysis Instrument

Forms hyperbole	Indicators	Function hyperbole	Indicator
1.Single word hyperbole	1. Contains a single word with extreme or non-literal meaning. 2. The word expresses strong emotion or unrealistic time/quantity. 3. Only one word creates the hyperbolic effect.	Rhetorical hyperbole	1. Emotional exaggeration 2. Persuasive exaggeration 3. Emphasis & dramatization 4. Creating vivid imagery 5. Expressing speaker's style or identity.
2.Pharasal hyperbole	1. Consists of multiple words (not a single word). 2. The phrase carries emotional or exaggerated meaning. 3. Not literal if		6. Humor or irony

³⁰ . Claridge claudia. *Hyperbole in English (A corpus-based studi of exaggeration)*. 2011. P 44

	interpreted directly.		
3.Clausal hyperbole	<ol style="list-style-type: none"> 1. Contains a complete clause (subject + verb). 2. The action or claim is exaggerated or impossible. 3. Usually expresses an unrealistic or dramatic situation. 	politeness hyperbole	<ol style="list-style-type: none"> 1. Exaggerated compliments or praise 2. Humorous complaint 3. Humble self-expression 4. Emotional validation 5. Bonding through humor 6. Softening criticism or rejection
4. Numerical hyperbole	<ol style="list-style-type: none"> 1. Includes large numbers (thousands, millions, hundreds). 2. Numbers are used to exaggerate quantity or degree. 3. Not meant to be taken literally. 		
5. superlative and comperative hyperbole	<ol style="list-style-type: none"> 1. Uses superlative adjectives (nicest, best, warmest, etc). 2. Indicates extreme or excessive comparison. 3. Describes something in an unbelievable or exaggerated way. 		
6.Comparison hyperbole	<ol style="list-style-type: none"> 1. Uses comparative words (like, as, than). 2. The comparison shows unrealistic or dramatic effect. 3. Describes experience/situation with exaggeration. 		
7.Repition hyperbole	<ol style="list-style-type: none"> 1. Involves repetition of words or phrases. 2. Repetition is used to emphasize emotion or commitment. 3. Commonly found in spoken or emotive language. 		

Table 3.2
Table data forms hyperbole of checklist the document analysis

No	VC	Expression	Forms hyperbole
----	----	------------	-----------------

Data			SW	Ph	Cl	Nl	SC	Co	Rp
001									
002									
Est..									

Description :

Sw : Singgle Word

Ph : Pharsal

Cl : Clausal

Nl : Numerical

RC : Superlative and comparative

Co : Comparison

Rp : Repitition

3.7 Instrument Validation

The data used in each research must be valid and the validity of the data must be checked. But this research is not done by using credibility. According to Ary, credibility is qualitative research which concerns the truth of the findings in the research. Credibility or true value involves how well researchers find findings in research based on research design, participants and context. In this study, credibility was obtained from doing two important things, namely watching movies and reading scripts. The researcher watched the film more than three times to analyze and make the data valid. Researcher also has to often read the manuscript to get valid data.³¹

In this study, researcher also used a co-rater as a tester of the data that had been analyzed by the researcher. Rater (responsiveness, assurance, tangible, empathy, and reliability) is to form a state of mind of improvement and provide a fundamental form of strong service in order to

³¹ Donald Ary, et, al. Introduction to Research in Education Eight Edition, (United States of Amerika: Wadsworth, 2010), P. 498

get an assessment according to the quality of service received.³² In this study used a co-rater who has a master's degree and teaching staff in the English Tadris Study Program.

³² Nursalam, *Metodologi Penelitian Ilmu Keperawatan Pendekatan Praktis.*, (Jakarta : Salemba Medika, 2017)

CHAPTER IV

FINDINGS AND DISCUSSION

This chapter will discuss the research findings and discussion. Based on the problem formulation in the background, the author analyzes the form of hyperbole in several inspirational videos on YouTube channel. There are two parts in this chapter, the first is explaining the data found in accordance with the theory of the form of hyperbole and the second is a discussion based on the analysis of the data found in the videos to answer the research questions.

4.1 Findings

4.1.1 Form of hyperbole

In this study, the researcher intended to present the results of the recapitulation of the analysis of forms of hyperbole identified in inspirational videos from YouTube. The analysis was conducted based on Claudia Claridge's classification of hyperbole forms, which includes seven types: single-word hyperbole, phrasal hyperbole, clausal hyperbole, numerical hyperbole, superlative hyperbole, comparison, and repetition. Each form was counted for the number of occurrences in each video transcript. This data provides an initial picture of the extent to which and how forms of hyperbole are used as rhetorical devices in motivational discourse that aims to arouse enthusiasm, touch the emotional side, and encourage changes in audience attitudes. The data is as follows:

Tables 4.1
Form of Hyperbole Found on Inspirational Video

No	Video	Form of Hyperbole
1	V1	Single word hyperbole, Phrasal hyperbole, Clausal hyperbole, Superlative hyperbole
2	V2	Phrasal hyperbole, Clausal hyperbole, Comparison, Repetition
3	V3	Single word hyperbole, Phrasal hyperbole, Clausal hyperbole, Numerical hyperbole, Superlative hyperbole, Repetition
4	V4	Single word hyperbole, Phrasal hyperbole, Clausal hyperbole, Numerical hyperbole, Repetition
5	V5	Single word hyperbole, Phrasal hyperbole, Clausal hyperbole, Numerical hyperbole, Superlative hyperbole, Comparison, Repetition
6	V6	Single word hyperbole, Phrasal hyperbole, Clausal hyperbole, Numerical hyperbole, Repetition
7	V7	Clausal hyperbole, Numerical hyperbole, Superlative hyperbole, Comparison
8	V8	Phrasal hyperbole, Clausal hyperbole, Numerical hyperbole, Superlative hyperbole, Comparison, Repetition
9	V9	Phrasal hyperbole, Clausal hyperbole, Superlative hyperbole, Repetition
10	V10	Single word hyperbole, Phrasal hyperbole, Clausal hyperbole, Numerical hyperbole, Superlative hyperbole, Comparison
11	V11	Single word hyperbole, Phrasal hyperbole, Clausal hyperbole, Numerical hyperbole, Superlative hyperbole, Repetition
Total	—	Single word hyperbole (19), Phrasal hyperbole (28), Clausal hyperbole (55), Numerical hyperbole (14), Superlative hyperbole (13), Comparison (5), Repetition (21)

The table shows the use of different types of hyperbole in 11 videos. Each row represents one video and lists the forms of hyperbole found in that video. Some videos contain more than one type of hyperbole, while others have fewer. The last row shows the total number of each hyperbole type across all videos, highlighting which forms are most and least common.

The table comprehensively illustrates the frequency and distribution of seven distinct hyperbolic forms namely single-word, phrasal, clausal, numerical, superlative, comparison, and repetition as identified across a corpus of eleven inspirational YouTube videos (V1–V11). A total of 155 hyperbolic expressions were extracted from the dataset, each exhibiting a varying degree of prevalence across the different video texts.

a. Single Word Hyperbole

Single-word hyperbole is a form of hyperbole that uses only one exaggerated word in a sentence. Although it is only one word, the effect can be very powerful because it immediately adds a dramatic or emotional impression to the message being conveyed. From the analysis of motivational videos, this form often appears. For example, in the sentence “success is incredibly important” (V1 01:01–00:05), the word ‘incredibly’ makes the word “important” sound much bigger, as if success is an absolute thing. In another example, “It’s a disaster” (V4 00:28–00:29), the word “disaster,” which is typically used for major catastrophes, is applied to a minor issue, making it sound dramatic.

The word “phenomenal” in “I expect to be phenomenal” (V5 04:27–04:31) also gives an extraordinary impression, exceeding ordinary greatness, so that it can motivate the audience. Similarly, the word “gladiators” (V10 03:41–03:43) is used as a metaphor to describe someone who is extremely strong, even though they are not actual warriors. Meanwhile, the word “insurmountable” in “when things seem insurmountable” (V11 02:17–02:24) describes problems as impossible

to overcome, thereby adding emotional weight. These examples show that a single hyperbolic word is enough to make the message more emotional, reinforce meaning, and motivate the audience.

In conclusion, single-word hyperbole is an effective linguistic strategy in motivational videos because it amplifies meaning, evokes emotion, and influences how the audience understands struggle, strength, and hope.

b. Phrasal Hyperbole

Phrasal hyperbole is an exaggerated expression consisting of two or more words, usually in the form of an idiom or metaphor. This expression is not meant to be taken literally, but to emphasize and evoke emotion. In motivational speeches, this form is often used to reinforce the message and attract the audience's attention.

For example, in the sentence “You will realize you have miracle working power in you” (V5, 06:26–06:30), the phrase “miracle working power” gives the impression that a person has supernatural powers. Although impossible, this expression aims to boost self-confidence. Similarly, in the sentence “You got to show the world that you mean business.” (V6, 00:57–00:59), the phrase “show the world” is not meant literally, but rather to emphasize the importance of demonstrating seriousness and courage in action.

In the expression “I think you're a big bag of wind” (V9, 00:41–00:43), the phrase “big bag of wind” is used to mock someone who talks a lot but says nothing meaningful. This expression is both

hyperbolic and critical. Meanwhile, “It’s a silent killer.” (V10, 00:09–00:11) is a hyperbole that emphasizes hidden dangers, such as stress or bad habits. This expression delivers a strong and emotional warning. Finally, “Sometimes good people go through some crazy stuff” (V11, 06:15–06:18). The phrase “some crazy stuff” describes difficult life experiences in a dramatic yet easy-to-understand way.

These examples show that phrasal hyperbole serves to encourage, inspire courage, criticize, warn, or show empathy. Such expressions make motivational messages more vivid, touching, and memorable for the audience.

c. Clausal Hyperbole

Clausal hyperbole is a form of exaggeration that appears in a complete sentence. In motivational videos, this style of language is used to make the message more dramatic, touch the emotions, and influence the audience.

The first example is, “When we're laying on our deathbed. You're going to see that, that was all game, that, that was all an illusion.” (V1, 00:22–00:26). This sentence exaggerates the moment of death as a time of great regret. The repetition of “that was all” gives the dramatic impression that life is just a game and an illusion.

The second example is, “Demand the universe to assist you in what you’re doing.” (V4, 02:45–02:48). Here, listeners are asked to “command the universe.” Of course, this is impossible, but this hyperbole makes listeners feel powerful and important.

The third example is, “What doesn't kill you makes you stronger” (V5, 02:05–02:08). This sentence simplifies life's problems, as if all suffering automatically makes people stronger. Although exaggerated, the intention is to encourage. Fourth example: “Greats like you jump over hurdles, run through barriers.” (V6, 01:00–01:06). These words exaggerate the abilities of “great people” who can easily overcome all obstacles. This hyperbole aims to motivate listeners to feel great.

The final example, “I was making everybody’s life a misery.” (V10, 01:08–01:09). This sentence is exaggerated because it is impossible for one person to make everyone’s life miserable. However, it is used to emphasize regret and show personal growth.

From all these examples, it is clear that clausal hyperbole is frequently used in motivational speeches. With this exaggerated style, the speaker can make the message stronger, more heartfelt, and easier for the audience to remember.

d. Numerical Hyperbole

In data, numerical hyperbole is often used in motivational speeches. This type of hyperbole exaggerates numbers, quantities, or repetitions to show intensity, urgency, or value.

For example, in video V3 (00:11-00:18), the speaker says, “One day I will have a Ferrari, Lambo, Rolls-Royce, Bentley, a big house, cars, a backyard with a big swimming pool, and an evaluator.” The long list of luxury items creates an image of great and ambitious success.

The repeated mention of car brands makes the statement sound even more exaggerated.

In video V4 (05:14-05:16), the phrase “get early access to all new content and hundreds of exclusive contents” uses the word hundreds, which is likely exaggerated to make the offer sound more appealing. Similarly, in video V5 (03:05-03:10), the speaker says, “85% of what will be told to you is negative.” The exact percentage gives an accurate impression, but without data, it functions more as a hyperbolic number to emphasize the negative idea.

In video V6 (01:27-02:32), the phrase “success and average have absolutely nothing in common” also demonstrates numerical hyperbole. Although no numbers are mentioned, “absolutely nothing in common” implies a 0% relationship, which is highly exaggerated. Finally, in video V8 (04:35-04:40), the speaker repeats “hours and hours” to indicate the long time it takes to build skills. The repetition itself functions like numerical hyperbole because it emphasizes the enormous amount of time.

Overall, numerical hyperbole in motivational videos is used to grab attention and paint a picture of great effort, achievement, and success. This inspires people to think big, even though the idea is often more exaggerated than realistic.

e. Superlative and Comparative Hyperbole

Analysis shows that motivational videos often use superlative and comparative hyperbole to build emotional appeal and encourage

viewers. The most common form is superlative hyperbole, which expresses something at the highest level.

For example, “The influence you have on others is the most valuable currency” (V1) exaggerates the value of influence to inspire people to see its importance. Similarly, phrases such as “the biggest party” (V3), “100% new you” (V3), and “the most difficult situation” (V11) use extreme terms to emphasize ambition, resilience, and perseverance. Comparative hyperbole also appears, such as in “The peacock is the happiest, he is more colorful than I am” (V7). Here, happiness is exaggerated through a color metaphor to create a strong emotional contrast.

Overall, these forms of hyperbole function as motivational tools, helping to emphasize growth, inspire action, and connect emotionally with the audience.

f. Comparison Hyperbole

Hyperbolic comparisons are used to give more meaning through exaggerated statements. For example, in “Why if this dollar doesn't lose its value... why do you feel like you've lost someone's value” (V2), human value is compared to money to emphasize self-worth.

In the quote “You should walk into a job interview like you know you've got it” (V5), confidence is exaggerated by comparing walking into the interview with the certainty that you have already secured the job.

The quote “The swan said how beautiful you are, you’re as white as milk, everyone loves you” (V7) compares the swan’s white color to milk and claims that everyone loves it, showing visual and emotional exaggeration. In “You, me, or no one will hit as hard as life” (V8), life is compared to the hardest hit to show its difficulty.

Finally, “If mental health can’t carry someone as big as me, as strong as me” (V10) shows that even strong people can face mental health struggles. Overall, these comparisons make the message conveyed stronger and more emotional.

g. Repetition Hyperbole

Repetition hyperbole is a figure of speech that uses repetition of words or phrases to emphasize certain feelings or ideas. This technique makes the message sound stronger, more dramatic, and more emotional. In the research data, this form of repetition is clearly visible. For example, in V2, the repetition of the phrase “you feel like...” emphasizes pain and alienation. In V3, the phrase “over and over and over again” exaggerates the frequency of the event to make it seem as though it is happening nonstop. In V4, the repeated short sentences like “It’s over. I’m done. Finished.” emphasize deep despair. Meanwhile, V6 with “Never ever stop grinding to win” emphasizes absolute determination. Even in V11, the repetition of Michael Jordan’s failures is used to convey the immense struggle before achieving success.

Overall, the hyperbolic repetition in this data serves to amplify emotions, dramatize experiences, and motivate the listener. This aligns

with Claridge's view that hyperbole works by exaggerating form or frequency for rhetorical purposes.

4.1.2 Functions Hyperbolic

This study, the researcher intended to present the results of the recapitulation of the analysis of function of hyperbole identified in inspirational videos from YouTube. The analysis revealed that rhetorical hyperbole and politeness hyperbole the analysis was conducted based on Claudia Claridge's classification of hyperbole function, which includes two types: rhetorical hyperbole, and politeness hyperbole. Each form was counted for the number of occurrences in each video inspirational. This data provides an initial picture of the extent to which and how functions of hyperbole are used as rhetorical devices in motivational discourse that aims to arouse enthusiasm, and touch the emotional side. The complete fumigations can be seen in the table below:

Tabel 3.3
The function of Hyperbole Expression on Inspirational Video

No	Video Title	Number of Hyperboles	Example Expressions	Main Functions
1	<i>Make An Impact</i>	7	"Success is incredibly important"; "When you die, the world cries while you rejoice"	Magnify success, life, and influence; motivate and inspire moral awareness
2	<i>Your Value</i>	3	"You are like currency"; "Abandoned"; "Pushed"	Exaggerate self-worth loss; build empathy and persuasive effect
3	<i>Kill Your Laziness</i>	12	"One day the world's gonna know who I am"; "I murder every opportunity"	Affirm ambition and determination; inspire resilience and urgency
4	<i>I Must Keep Going</i>	20	"It's a disaster"; "You have to be	Dramatize despair and passion;

			possessed with the vision”	highlight determination
5	<i>You Can't Stop</i>	16	“Going through hell”; “Miracle-working power in you”	Amplify struggles and potential; boost optimism and courage
6	<i>Don't Settle For Average</i>	20	“Every fiber of your being wants to win”	Highlight ambition vs. mediocrity; push for extraordinary achievement
7	<i>Don't Compare Yourself</i>	8	“Everyone hates me”; “Thousands of people come to see you”	Stress sadness, envy, and admiration; evoke empathy and moral lessons
8	<i>Why Do We Fall</i>	11	“Beat you to your knees”; “Hours and hours and hours”	Dramatize challenges and persistence; strengthen resilience
9	<i>The Greatest – Muhammad Ali</i>	14	“I shook up the world”; “The greatest fighter”	Show confidence, pride, and advocacy; build strong self-image
10	<i>Tyson Fury</i>	15	“It's a silent killer”; “Mission impossible”; “Like gladiators”	Validate struggles; inspire hope and courage
11	<i>Day One</i>	20	“Nothing is working”; “Michael Jordan missed 9,000 shots”	Highlight failures and persistence; convey moral lessons
	Politeness Hyperbole	—	“I fail at most things I do” (V3); “I'm gonna be champion one day” (V9); Encouragement in V10–V11	Show humility, empathy, and respect; foster closeness and encouragement

The table shows that hyperbole appears frequently across all eleven inspirational videos, with a total of 146 hyperbolic expressions identified. The number of hyperboles varies, ranging from as few as 3 instances in *Your Value* to as many as 20 instances in *I Must Keep Going*, *Don't Settle*

for Average, and *Day One*. The most common function of hyperbole is rhetorical, used to dramatize experiences, emphasize determination, and inspire motivation. At the same time, several examples illustrate politeness hyperbole, which helps build empathy, show humility, and maintain respect toward the audience. Overall, hyperbole in these videos serves as a powerful persuasive strategy, making messages more emotional, memorable, and impactful

a. Rhetorical Hyperbole

An analysis of rhetorical hyperbole in eleven inspirational videos reveals that many expressions convey strong rhetorical tones. These hyperboles often exaggerate ideas to the point of sounding impolite or even ridiculing. A total of 147 clear examples were found.

The first video contains seven such expressions, including “Success is incredibly important...” and “When you die, the world cries while you rejoice.” These statements use hyperbole to magnify the meanings of life, success, death, and social influence. They motivate, raise moral awareness, and leave a deep emotional impact. The second video contains three such expressions, such as comparing human value to currency and describing feelings of being "abandoned" and "pushed." Here, hyperbole exaggerates the sense of losing self worth. The purpose is to build empathy and strengthen the persuasive effect of the message.

The third video identifies twelve examples, such as "One day the world's gonna know who I am" and "I murder every opportunity." These are not literal statements, but they serve as powerful affirmations

of ambition and determination. These hyperboles inspire resilience, urgency, and strong motivation. The fourth video contains twenty data points. Examples such as "It's a disaster" and "You have to be possessed with the vision" dramatize negative and positive experiences, respectively. These hyperboles highlight despair, passion, and determination, making the message more emotional and persuasive.

The fifth video contains sixteen hyperboles. Expressions such as "going through hell" and "miracle-working power in you" amplify conditions and human potential. They boost optimism, courage, and belief in hope. The sixth video includes twenty hyperboles such as *"every fiber of your being wants to win."* These exaggerations highlight ambition and frustration while building a contrast between "average" and "great" mindsets. The function is to push the audience toward action and extraordinary achievement.

In the seventh video, eight hyperboles appear, for example *"everyone hates me"* or *"thousands of people come to see you."* These exaggerations emphasize sadness, admiration, and envy. Their function is to evoke empathy and deliver moral lessons about self-worth and unrealistic comparisons. The eighth video presents eleven examples, such as *"beat you to your knees"* and *"hours and hours and hours."* Here, hyperbole dramatizes challenges and persistence, aiming to strengthen resilience and inspire reflection.

The ninth video contains fourteen hyperboles, many from Muhammad Ali. Phrases like *"I shook up the world"* or *"the greatest"*

fighter” are not literal but serve to show confidence, pride, and social advocacy. These statements influence audiences psychologically and build a strong image of the speaker.

In the tenth video, fifteen examples are found. Statements like “*It’s a silent killer*” or “*mission impossible*” exaggerate struggles and suffering, while others compare ordinary experiences to those of “gladiators.” The function is to validate personal struggles and inspire hope for change. Finally, the eleventh video provides twenty examples. Hyperboles such as “*you feel like ain’t anything working*” or “*Michael Jordan missed 9,000 shots*” stress inner struggles and the value of persistence. These exaggerations help convey moral lessons and life reflections in an emotional way.

Overall, rhetorical hyperbole in these videos does not only serve as a stylistic choice but also as a strong persuasive tool. By exaggerating ideas and emotions, speakers succeed in motivating audiences, reinforcing moral messages, and inspiring change. Hyperbole strengthens the impact of motivational speeches by making messages more dramatic, emotional, and memorable.

b. Politeness Hyperbole

Politeness hyperbole is a form of exaggerated expression used to show respect, empathy, or humility in communication. Its use not only strengthens meaning but also helps maintain positive and harmonious relationships with the audience.

For example, in video 2, hyperbolic language is employed to express empathy and make listeners feel understood. In video 3, the statement “*I fail at most things I do*” represents self-deprecating hyperbole, where the speaker downplays themselves to appear humble and approachable. In video 9, the expression “*I’m gonna be champion one day*” conveys optimism and inspiration, while in video 10, hyperbole is used to honor and appreciate others’ struggles. Finally, in video 11, hyperbolic expressions provide encouragement and support without sounding harsh.

Overall, these examples show that politeness hyperbole functions as a strategy to preserve respect, foster closeness, and build emotional connection between speakers and their audience.

4.2 Discussion

In this session, the researcher presented and discussed the findings related to the forms and communicative functions of hyperbole identified in four inspirational video transcripts on YouTube. The analysis is based on the hyperbole framework developed by Claudia Claridge, which included seven structural forms of hyperbole and two main communicative functions: rhetoric and politeness. The findings discussed in terms of how hyperbole functions not only as a stylistic feature, but also as a strategic tool to enhance persuasion, emotional engagement, and interpersonal relationships.

4.2.1 Forms of Hyperbole in Inspirational Video

The findings of this study reveal that hyperbole is a dominant rhetorical device in YouTube inspirational videos. Seven distinct forms were identified: single-word, phrasal, clausal, numerical, superlative/comparative, comparison, and repetition hyperbole. Each form contributes differently to the rhetorical power of motivational discourse, functioning to inspire, persuade, and emotionally engage audiences.

The results of this study show that hyperbole is widely used in motivational videos on YouTube. Different forms of hyperbole were identified, including single words, phrases, clauses, numbers, comparisons, superlatives, and repetition. Among these, clausal hyperbole appeared most often. This happens because longer expressions make it easier for speakers to dramatize experiences, emphasize emotions, and capture audience attention. This finding supports Claridge, who stated that hyperbole works by amplifying meaning to make language stronger and more memorable³³.

When compared with previous studies, such as Pulungan and Damanik, who found that hyperbole in product promotion is mainly used to persuade consumers, this research shows a different context³⁴. In motivational videos, hyperbole has a more constructive purpose: it inspires people to build resilience, optimism, and self-confidence.

³³ Claridge, C. (2011). *Hyperbole in English: A corpus-based study of exaggeration*. Cambridge University Press

³⁴ Pulungan, R., & Damanik, A. (2023). Hyperbole as persuasive strategy in product promotion: A pragmatic analysis. *Indonesian Journal of Applied Linguistics*, 13(2), 350–362

Expressions such as exaggerating struggles (“going through hell”) or achievements (“I shook up the world”) are not meant literally but to strengthen motivation and hope.

Overall, this study proves that hyperbole is not just a stylistic feature but also a powerful persuasive tool in inspirational discourse. In motivational videos, hyperbole is used intentionally to create emotional impact, attract attention, and encourage change. This highlights the importance of figurative language as a way to influence and inspire audiences in real-life contexts

4.2.2 Communicative function of hyperbole

The analysis shows that rhetorical hyperbole is widely employed in YouTube inspirational videos to persuade, motivate, and evoke strong emotions. From the eleven videos analyzed, 147 instances of rhetorical hyperbole were identified. These exaggerated expressions are not intended to be taken literally; rather, they function to intensify meaning, dramatize experiences, and inspire the audience to reflect on their own lives. For instance, phrases such as “*success is incredibly important*” or “*you’ve made the world a better place*” emphasize values like personal growth, legacy, and social influence. Similarly, dramatic statements like “*going through hell*” or “*you feel like nothing is working*” describe struggles in a way that creates empathy and encourages perseverance. Ambitious declarations such as “*One day the world’s gonna know who I am*” or “*I murder every opportunity*” convey determination and confidence, inspiring listeners

to push beyond their limits. In storytelling contexts, hyperboles like *“everyone hates me”* or *“thousands come to see you”* build dramatic effect to stress lessons about self-worth and social comparison. Overall, rhetorical hyperbole emerges as a persuasive tool that magnifies key messages, creates emotional resonance, and strengthens the motivational impact of the speech.

Politeness hyperbole also plays an important role in the videos, functioning to express empathy, humility, and respect toward the audience. While still exaggerated, this type of hyperbole aims more at maintaining positive relationships and establishing emotional connection than persuasion. For example, empathy is conveyed through hyperboles that highlight emotional struggles, such as comparing money with human dignity or exaggerating the sense of loss when self-worth is questioned. Humility is shown in statements like *“I fail at most things I do”*, where exaggeration of weakness makes the speaker appear modest and approachable. Expressions such as *“I’m gonna be champion one day”* reflect optimism and encouragement, while other examples validate audience struggles, as in *“every single good thing... comes at a cost”*. These instances show that politeness hyperbole is used to support, encourage, and reassure the audience, reinforcing solidarity between speaker and listener. This function aligns with Brown and Levinson’s politeness theory, which highlights the role of language in saving face and maintaining

harmony, as well as Liu's view that exaggeration can serve as a politeness strategy to foster interpersonal connection.

Taken together, the findings indicate that hyperbole in inspirational YouTube videos serves two main communicative functions: rhetorical and politeness. Rhetorical hyperbole dramatizes struggles, victories, and ambitions to emphasize persistence, transformation, and success, thereby making motivational messages more persuasive and memorable. Politeness hyperbole, on the other hand, stresses empathy, humility, and optimism, allowing speakers to connect emotionally with the audience and maintain a supportive atmosphere. In line with Claridge's view of hyperbole as a central rhetorical device, as well as Brown and Levinson's politeness theory, these findings show that hyperbole is not simply a decorative feature of language but a strategic communicative tool. It strengthens emotional impact, enhances persuasion, and fosters solidarity, making it a vital element in the effectiveness of motivational discourse³⁵.

³⁵ Brown, P., & Levinson, S. C. (1987). *Politeness: Some universals in language usage*. Cambridge University Press

CHAPTER V

CONCLUSION AND SUGGESTIONS

The chapter presents research conclusion based on the findings and discussions presented in the previous chapter.

A. Conclusions

After analyzing the data, research found several conclusions to answer the research, the research explains the hyperbole in inspirational videos on YouTube, based on the theory of Claudia Claridge. Based on the previous chapter, research observed that there were 155 hyperbole expression collected based on hyperbole theory. There are 19 single words, 28 phrasal, 55 clausal, 14 numerical, 13 superlative and comparative, 5 comparisons, and 21 repetitions in eleven videos motivational on YouTube. This study can conclude that the most frequently found clauses are hyperboles and the least frequently found clauses are comparative hyperboles. And also from this data, research has researched the expression of hyperbole based understanding the content in dialogues.

The researcher also identified the function of the hyperbole expression used by spikers in motivational videos on YouTube based on Claudia Claridge theory. It can be concluded that 2 functions, there are Rhetorical hyperbole involves words that excessively criticize something, whereas politeness hyperbole uses exaggerated praise. By identifying the functions of hyperbole, the researcher concludes that many of the data found take the form of rhetorical hyperbole. Numerous hyperbolic expressions carry negative

connotations due to their excessive nature, and rhetorical functions are widely applied in the motivational videos analyzed by the researcher.

B. Suggestions

several suggestions can be proposed to guide future researchers, educators, and content creators in understanding and applying hyperbolic language in digital media, particularly in motivational content:

1. For Teachers and Lecturers

English educators are recommended to integrate the study of hyperbole, especially in its rhetorical and politeness functions, into pragmatic or discourse analysis lessons. This can help students better understand how speakers strategically use language to inspire, persuade, or connect with audiences. Motivational videos on YouTube can serve as authentic materials for teaching rhetorical devices and expressive language in real world contexts.

2. For Students

This research may serve as a reference for students who are studying figures of speech, especially hyperbole, in contemporary discourse. They are encouraged to analyze not only the form but also the function and impact of such expressions on audiences. Critical media literacy should be developed to distinguish between stylistic exaggeration and factual information in motivational or persuasive texts.

3. For Future Researchers

It is suggested that future researchers further investigate the use of hyperbole in other forms of digital media, such as podcasts, social

media captions, or TED Talks, to expand the understanding of how exaggerated language functions across different platforms. Researchers are also encouraged to explore hyperbole from a cross-cultural or multilingual perspective, especially considering how hyperbole may be interpreted differently depending on cultural backgrounds and language norms

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Nomor : 267-Tahun 2025

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- b. Bahwa saudara yang namanya tercantum dalam Surat Keputusan ini dipandang cakap dan mampu serta memenuhi syarat untuk diserahi tugas sebagai pembimbing I dan II ;
1. Undang-Undang Nomor 20 tahun 2003 tentang Sistem Pendidikan Nasional ;
2. Peraturan Presiden RI Nomor 24 Tahun 2018 tentang Institut Negeri Islam Curup;
3. Peraturan Menteri Agama RI Nomor : 30 Tahun 2018 tentang Organisasi dan Tata Kerja Institut Agama Islam Negeri Curup;
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6. Keputusan Direktur Jenderal Pendidikan Islam Nomor : 3514 Tahun 2016 Tanggal 21 oktober 2016 tentang Izin Penyelenggaraan Program Studi pada Program Sarjana STAIN Curup
7. Keputusan Rektor IAIN Curup 0704/In.34/R/KP.07.6/09/2023 tanggal 29 September 2023 tentang Pengangkatan Dekan Fakultas Tarbiyah Institut Agama Islam Negeri Curup.
1. Permohonan Saudara Mefri Nindita Utami tanggal 13 Maret 2025 dan kelengkapan persyaratan pengajuan SK Pembimbing Skripsi
2. Berita Acara Seminar Proposal Pada Hari Jumat, 13 Februari 2024

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N A M A : **Mefri Nindita Utami**

N I M : **20551032**

JUDUL SKRIPSI : **Analysis of Expression Containing Hyperbole in Inspirational Video Subtitles on Youtube**

- Proses bimbingan dilakukan sebanyak 12 kali pembimbing I dan 12 kali pembimbing II dibuktikan dengan kartu bimbingan skripsi ;
- Pembimbing I bertugas membimbing dan mengarahkan hal-hal yang berkaitan dengan substansi dan konten skripsi. Untuk pembimbing II bertugas dan mengarahkan dalam penggunaan bahasa dan metodologi penulisan ;
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- Apabila terdapat kekeliruan dalam surat keputusan ini, akan diperbaiki sebagaimana mestinya sesuai peraturan yang berlaku ;

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PEMBIMBING II	:	An Jumatul Hidayah, M.Pd
SKRIPSI	:	Analysis of expressions containing Hyperbole in inspirational video subtitle on youtube.
BIMBINGAN	:	
BIMBINGAN	:	

ANGGAL	MATERI BIMBINGAN	PARAF PEMBIMBING I
05/2025	Revisi bab 1, 2, 3	
10/2025	Revisi instrument penelitian	
15/2025	Revisi hasil data bab 4	
15/2025	Revisi bagian findings bab 4	
15/2025	Bimbingan bab 4	
15/2025	Bimbingan bab 4	
16/2025	Revisi bagian Discussion bab 4	
16/2025	Bimbingan bab 4	
16/2025	Bimbingan bab 4	
16/2025	Bimbingan bab 5	
01/2025	Bimbingan Abstrak	
07/2025	Bimbingan bab 1, 2, 3, 4, 5	

REPENDAPAT BAHWA SKRIPSI INI SUDAH
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Lembar Depan Kartu Bimbingan Pembimbing I
Lembar Belakang Kartu Bimbingan Pembimbing II
Kartu ini harap dibawa pada setiap konsultasi dengan Pembimbing I dan Pembimbing II

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KARTU BIMBINGAN SKRIPSI

PROGRAM STUDI	: Mefri Nindita Utami
ALATAS	: 2025 1032
BIMBING I	: Tadris Bahasa Inggris
BIMBING II	: Tarbiyah
SKRIPSI	: Dr. Sakut Anshori, S.Pd., I. Hum
	: Jumatul Hidayah, M.Pd
	: Analysis of expressions containing Hyperbole in
	: Inspirational Video subtitles on youtube.
BIMBINGAN	:
R BIMBINGAN	:

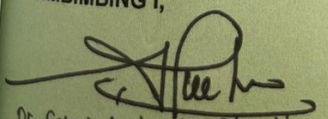
TANGGAL	MATERI BIMBINGAN	PARAF PEMBIMBING II
4/5 2025	Revisi bab 1,2,3	k
19/5 2025	Revisi instrumen penelitian	k
21/5 2025	Revisi hasil data bab 4	k
24/5 2025	Revisi bagian findings bab 4	k
28/05 2025	Bimbingan bab 4	k
2/6 2025	Revisi bagian discussion bab 4	k
5/6 2025	Bimbingan bab 4	k
10/6 2025	Bimbingan bab 4	k
23/6 2025	Bimbingan bab 5	k
26/6 2025	Bimbingan Abstract	k
2/7 2025	Revisi Abstract	k
11/7 2025	Bimbingan bab 1,2,3,4,5	k

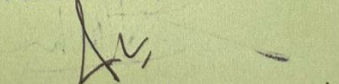
BERPENDAPAT BAHWA SKRIPSI INI
DAPAT DIAJUKAN UJIAN SKRIPSI IAIN

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PEMBIMBING I,

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APPENDIX 1

VALIDATION DARA FROM RATERS

DOCUMENT CHECKLIST OF FORMS HYPERBOLE

No Data	VC	Expressions	Forms Hyperbole							Validasi
			SW	Ph	CI	NI	SC	Co	Rp	
001	V1 00:22-00:26	“When we’re laying on our deathbed. You’re going to see that, that was all game that, that was all an illusion ”			✎					OKE
002	00:27-00:23	“(The only thing) is going to matter is the impact you had on other people’s lives”		✎						Phrasal Hyperbole The only thing
003	00:43-00:47	“They ain’t going to talk about my success”			✎					Bukan data Ini adalah pernyataan ekspresif biasa. Tidak ada pelebih-lebihan.
004	00:50-00:57	“How nick lived and how nick loved encouraged..”							✎	Bukan data Ini adalah pernyataan asertif. Tidak ada pelebih-lebihan.
005	01:01-00:05	“success is incredibly important...”	✎							OKE
006	01:19-01:24	“you’ve developed people and you have made the world a better place ”			✎					OKE
007	01:26-01:32	“The effect you have on others is the most valuable current there is..”					✎			OKE
008	01:34-01:40	“Everything you gain in life will rot and fall apart...”			✎					OKE
009	02:14-02:34	“When you die the world cries while you rejoiced”			✎					OKE
010	V2 00:00-00:02	“Let me speak to that person that feels like they lost they work to devalue. ”			✎					OKE
011	00:31-00:34	“Like I just bought a down Nabila like so can’t be worth a dollar... ”			✎					OKE
012	00:34-00:35	“Now it’s probably worth like 95 cents right...”				✎				Bukan data 95 cents hanya perkiraan harga, bukan melebihi-lebihkan
013	00:51-00:53	“I just stopped it how much is the worth now maybe 65 cents 68 cents. ”				✎				Bukan data Sama seperti data nomor 12
014	01:07-01:09	“Some guy off the street pulls the dollar I’ll unfold it.”						✎		Bukan data Ini adalah deskripsi tindakan yang bersifat literal. Tidak ada pelebih-lebihan.
015	01:09-01:13	“how much is it worth now maybe eighty two cents and me come on at least ninety two cents. ”				✎				Bukan data Sama seperti data nomor 11 dan 12
016	01:36-01:39	“Swimming with it wait wait wait a second wait a second. ”							✎	Bukan data Ini hanyalah pengulangan untuk mendesak agar mitra tutur menunggu, bukan untuk memberikan efek melebihi-lebihkan.
017	01:59-02:06	“Why if this dollar doesn’t lose its worth there was value then why do you feel like you lost person value ”						✎		OKE
018	02:08-02:13	“Just stepped on you feel like you’ve been pushed on you feel like you’ve been abandoned you feel like you talk about..”							✎	OKE
019	02:20-02:23	“The side record you feel like you’ve lost some of your value. ”		✎						OKE
020	02:33-02:35	“It they can still be taped back together it gets to be wiped off..”			✎					Bukan data “taped back” dan “wiped off” deskripsi literal saja, bukan melebihi-lebihkan.
021	V3 00:09-00:11	“One day the world’s gonna know who I am...”			✎					OKE
022	00:11-	“One day I will have Ferrari, the				✎				OKE

022	00:11-00:18	"One day I will have Ferrari, the lambo, the rolls, the Bentley, the big house, the cars, the blackyars, with the big swimming pool, and evaluator..."									OKE
023	00:18-00:19	"I'm gonna throw the biggest parties..."									OKE
024	00:20-00:21	"I'm gonna be a millionaire one day..."									Clausal Hyperbole Bukan hiperbola numerik karena fokusnya pada status finansial yang ingin dicapai, bukan pada kelebihan-lebihan suatu jumlah yang sudah ada
025	00:45-00:49	"And they do it over and over and over again..."									OKE
026	00:49-00:51	"Until their dreams become a reality..."									Bukan data Kalau mau jadi ungkapan hiperbola, misalkan: their dreams will become reality overnight
027	00:53-00:58	"If you can get through to doing things that you hate to do, on the other side is greatness..."									OKE
028	01:09-01:13	"I don't care what you're going through, what life's thrown at you, it's your responsibility to find you new 100%..."									OKE
029	01:18-01:19	"I fail at most thing I do"									OKE
030	01:44-01:46	"Kick that clock and get up and go pursue your dreams..."									Bukan data Kick that clock bukan hiperbola, tapi metafora. Note: Hiperbola itu harus ada unsur yang dilebih-lebihkan bahkan mencapai batas mustahil
031	01:47-01:51	"you need to walk through the mud in life guys..."									OKE
032	02:13-02:14	"Lions don't give up, lions don't quit lions hunt..."									Bukan data Ini bukan hiperbola tapi metafora
033	02:28-02:32	"While the other guy's sleeping, I'm working. While the other guy's eating, I'm working..."									Bukan data Secara umum ada orang bekerja saat orang lain tidur. Jadi tidak unsur yang dilebih-lebihkan
034	02:45-02:46	"There's someone out there (hungry that wants everything)..."									Phrasal Hyperbole Ini hiperbolanya: hungry that wants everything
035	02:55-02:58	"I get a kick out of the mountain, I get kick out of the weights, I get kick out of fatigue..."									OKE
036	03:02-03:04	"You take advantage of this opportunity, you let everything else go..."									OKE
037	03:08-03:13	"We don't have forever, let's not act like it. We're all going to die, and do I don't act like I'm gonna live (forever)..."									SWH Hiperbolanya di kata forever
038	03:14-03:16	"So every opportunity I get, I murder it..."									OKE
039	03:19-03:20	"I get up every morning at 3 o'clock"									Bukan data Ini pernyataan factual saja
040	03:20-03:22	"When I wanna get up, when I don't. When I feel like it and I don't feel like it..."									Bukan data Tidak ada unsur kelebihan-lebihan
041	03:31-03:33	"Don't stop when you're tired, stop when you're done..."									Bukan data Ini nasihat biasa, tanpa ada

042	V4 00:05- 00:08	"When you feel like, I don't have the energy to go one more step."			👤					OKE
043	00:10- 00:17	"I'm going to give up on my job. I'm going to give up on my dream. I'm going to give up on my health."							👤	OKE
044	00:17- 00:19	"It's over. I'm done. Finished. "							👤	Repetition hyperbole Hiperbola muncul melalui pengulangan dari tiga frasa yang memiliki makna serupa
045	00:26- 00:28	"It just seems like that my life is in shambles. "	👤							OKE
046	00:28- 00:29	"It's a disaster... "	👤							OKE
047	00:31- 00:32	"This nothing's working..."			👤					OKE
048	00:55- 00:56	"There are times you're going to want to give out."			👤					Bukan data Ini pernyataan biasa tentang tantangan hidup tanpa adanya unsur pelebih-lebihan. Misalkan; sampai ingin mati saja
049	00:56- 00:57	"There are times you'll feel deserted. "	👤							Bukan data Deserted hanya kata literal, tidak mengandung unsur pelebih-lebihan. Misalkan; semut pun tak mau menemani
050	00:57- 01:00	"People will lie to you and you're going to run out of resources."		👤						Phrasal hyperbole run out of resources; ini bukan klausa tapi frasa
051	01:05- 01:11	"Whatever you're experiencing right now, it has not come to stay. It has come to pass. "		👤						Bukan data come to pass ; pernyataan literal tidak mengandung unsur pelebih-lebihan
052	01:14- 01:17	"You will grow through what you go through."		👤						Bukan data Ungkapan bijak biasa tanpa melebihi-lebihkan
053	01:22- 01:29	"The person that shows up, the person that grinds from the bottom and hits their rock bottom and still goes on."		👤						OKE
054	01:29- 01:34	" The person that's in the car trip tears off their face and it's still accomplishing the mission."			👤					OKE
055	01:40- 01:43	"Failure is not falling down. Failure is staying down."			👤					Bukan data Ini metafora bukan hiperbola
056	01:43- 01:46	"I Failed over and over and over again in my life"							👤	OKE
057	02:13- 02:16	"You have to live your life with the expectation that great things are coming your way. "			👤					Clausal hyperbole great things are coming your way ; ini klausa bukan frasa
058	02:29- 02:34	"See yourself writing a book before the book is finished."			👤					Bukan data Ini metafora bukan hiperbola
059	02:45- 02:48	"Demand the universe to assist you in what you're doing."			👤					OKE
060	02:50- 02:52	"That no metter what you're going through, (you ain't going to switch up)."			👤					Clausal hyperbole you ain't going to switch up: ini hiperbolanya
061	02:54- 02:58	"I'm telling you that you got to be possessed with the vision"	👤							OKE
062	03:06- 03:10	" The enemy is an internal voice in you that's telling you that you're not good enough."		👤						Bukan data Ini metafora bukan hiperbola
063	03:11- 03:13	" Even when your back's against the wall you still say it's all."		👤						Bukan data Ini metafora bukan hiperbola :back's against the wall" menggambarkan situasi sulit. Ini metafora, tidak melebihi-lebihkan sampai di luar nalar

064	03:19-03:21	"Stop running from it and run to it.."							✎		Bukan data Ini metafora bukan hiperbola
065	03:21-03:23	" You don't quit. You don't give up."								✎	Bukan data Ini ungkapan repetisi biasa, tanpa melebih-lebihkan
066	02:23-03:27	" Stop running. Stop running and face it."								✎	Bukan data Pengulangan "Stop running" berfungsi untuk penekanan dalam makna literal, tetapi tidak melebih-lebihkan.
067	03:32-03:36	"The sooner the heat , the sooner the dream ."							✎		Bukan data Ini peribahasa bukan hiperbola
068	03:37-03:40	"Your success is on the other side of the problem."			✎						Bukan data Ini metafora bukan hiperbola
069	03:40-03:42	"Stop running from your pain and embrace your pain ."	✎								Bukan data Ini metafora bukan hiperbola
070	03:53-03:55	"You got too take the breath out."		✎							Bukan data Ini ungkapan biasa, tidak melebih-lebihkan
071	03:57-04:01	"When you taste these finer things of life, all the pain , all the work , all the sacrifice"								✎	OKE
072	04:04-04:06	"if anything is a small down payment for the price and reward you got"		✎							Bukan komparatif tapi phrasal hyperbola . Karena tidak ada yang dikomparasikan
073	04:10-04:13	"Stop Running from the potential."			✎						Bukan data Ini metafora bukan hiperbola
074	04:30-04:31	"it's impossible"	✎								OKE
075	04:33-04:36	"The only thing stands between your success.."		✎							Phrasal hyperbole Ini frasa bukan superlatif
076	04:41	"Nobody can't stop you. You're the only person that can stop you."			✎						OKE
077	04:48-04:49	"Stop acting like a victim."		✎							Bukan data Ini adalah teguran direktif. Tidak mengandung pelebih-lebihan
078	04:49-04:50	"And walk to into your destiny ."	✎								Bukan data Ini metafora bukan hiperbola
079	04:57-04:58	"It's break my break, my brain."			✎						OKE
080	04:58-05:00	"Where do I start? I don't know. Pick a spot and go get it ."			✎						Bukan data Tidak mengandung unsur pelebih-lebihan
081	05:14-05:16	"plus, get early access to all new content and hundreds of exclusive ."				✎					OKE
082	V5 00:00-00:02	"A lot of things going to happen that will catch you off guard."	✎								OKE
083	00:06-00:08	You're going to (feel dumb) and ask questions and don't know what to do or where to go ."			✎						OKE
084	00:17-00:20	"When life hits you on the blind side."							✎		Bukan data Ini metafora bukan hiperbola
085	00:28-00:31	"The pain that breaks most of us .."			✎						Clausal hyperbole Kata "most" merujuk pada jumlah orangnya bukan kualitas "rasa sakitnya".
086	00:35-00:38	"When you're going through hell what do you do"	✎								SWH Hell: ini hiperbolanya
087	01:26-01:31	"If you ever go through something hold your head up if you ever make a mistake hold your head up if you ever ..."								✎	Bukan data Repetisinya berfungsi untuk penekanan, bukan melebih-lebihkan
088	01:43-01:47	"it's not over yet what if your best days are not behind you."			✎						Bukan data Ungkapan biasa tanpa adanya pelebih-lebihan

089	02:05-02:08	"which does not kill you will make you stronger. "		✎						OKE
090	02:08-02:11	"Life will always be to a large extent not what circumstances... "					✎			Bukan data Ungkapan biasa tanpa adanya pelembih-lebihan
091	02:37-02:39	"Your self double tied if you have to		✎						Bukan data Ini metafora bukan hiperbola
092	02:42-02:43	"It doesn't take any effort to be a loser. "	✎							SWH Ini satu kata
093	03:05-03:10	"That's always going on 85% of what that conversation will tell you is negative."				✎				OKE
094	03:24-03:27	"I'm afraid but I'm afraid not to do it..."			✎					Bukan data Ungkapan biasa tanpa adanya pelembih-lebihan
095	03:37-03:42	"About if you know you can do it you know it's within you know you have what it..."							✎	Bukan data You know bukan hiperbola
096	03:43-03:47	"The question is not if the question is when."			✎					Bukan data Ungkapan biasa tanpa adanya pelembih-lebihan
097	04:02-04:06	"you got to walk in it you got to walk to the job interview like you know you got. "							✎	OKE
098	04:27-04:31	"I expect to be phenomenal. "	✎							OKE
099	04:47-04:50	"If it takes 6 months if it takes a year if takes 10 years. "				✎				OKE
100	04:58-05:04	"When you don't see any external activity any external outcome you still believe you can get it done. "			✎					Bukan data Ungkapan biasa tanpa adanya pelembih-lebihan
101	05:06-05:10	"To wake up the next day and act like (ain't nothing happened.)"			✎					OKE
102	05:15-05:20	"This too shall pass like every strom that has come to you every single strom. "							✎	OKE Ini hiperbola metaforis. "Storm" adalah metafora, tapi karena ada repetisi "every" memberi efek melebihi-lebihan (hiperbola) Perlu dicatat: Metafora adalah kiasan belaka, tapi kalau ada unsur yang dilebih-lebihkan menjadi efek hiperbolis.
103	05:25-05:27	"This too shall pass you don't have to be perfect your circumstances don't have to be perfect you don't have..... "							✎	OKE Hiperbolanya ada di kata "perfect"
104	05:34-05:37	"Have to be perfect to get to the place where you want to be in life."					✎			OKE
105	05:37-05:42	"All you got to do is be wiling all you got to do is try all you got to do is put forth."							✎	OKE
106	05:55-05:56	"You got you don't have enough money don't worry about it"			✎					Bukan data Ungkapan biasa tanpa adanya pelembih-lebihan
107	06:23-06:26	"You will begin to realize (powers and abilities you have). "			✎					Bukan data Ini metafora, tanpa adanya pelembih-lebihan
108	06:26-06:30	"You will realize you have miracle working power in you..."		✎						Phrasal hyperbole miracle working power; ini frasa bukan kata
109	06:44-06:48	" You are the captain of your ship you are the master of your life..."							✎	Bukan data Ini metafora bukan hiperbola
110	06:49-06:54	" You can have it you can do it you can be it."							✎	Bukan data Repetisi "you can" tidak mengandung pelembih-lebihan

111	V6 00:10- 00:12	"You got to do the mea (huge) favor man you lying to yourself."	👤							OKE
112	00:13- 00:19	"on one point you saying you want to be great you want to do great , you want to do great things you want to have greatness.."							👤	OKE
113	00:51- 01:12	"Talk is cheap so you can say that you're allergic to average but are you actions backing it up?"	👤							OKE
114	00:57- 00:59	" you got to show the world that you mean business"	👤							OKE
115	01:00- 01:06	" greats like you jump over hutdles run through barriers. "			👤					Clausal hyperbole Ini klausa
116	01:06- 00:12	" Never ever stopgrinding to win.."							👤	OKE
117	01:20- 01:26	"you got to get to the point, where you get allergic to average "	👤							OKE
118	01:27- 02:32	"You don't perform average success and average have absolutely nothing to do with..."				👤				OKE
119	01:33- 01:44	"You boss can't stand aage your coach can't stand aage your teacher can't stand out your..."							👤	OKE
120	01:45- 01:50	"But listen to me very closely (nobody) really like average because average attracts average."	👤							SWH Hiperbolanya adalah nobody
121	01:51- 02:00	" You can't help it that you suffer from ambition You can't help it that you suffer from trying to be great, You can't help it that you suffer for trying to go the next...."							👤	OKE
122	02:15- 02:31	" That every fiber of you being every fiber of your existence wants to win."			👤					OKE
123	02:42- 02:47	"Some people have a problem for (every solution)"	👤							Phrasal hyperbola every solution; ini frasa
124	03:04- 03:07	"...Back to the grind because now it's back to to the shine..."	👤							OKE
125	03:34- 03:40	" You didn't hear me say a million time I was going to speak for the NFL."				👤				OKE
126	03:47- 03:50	" I'm tired of people calling me , I'm tired of people emailing me, I'm tired of people texting me."							👤	OKE
127	04:20- 04:26	"you've been doing it for two years but what were you doingthe other 30 years what were you doing the other 21 years ..."				👤				OKE
128	05:27- 05:32	"You (talk too much) shut up get in the lab and let's go to work and do your work"			👤					OKE
129	05:31- 05:36	"You feel like it go to work every single day wark on it everyday. "							👤	Repetition hyperbole
130	06:45- 06:52	"thst's exactly what it is when you allow that average mindset to attack you.."			👤					Clausal hyperbole Tidak ada yang dibandingkan
131	V6 00:09- 00:13	"A crow was very unhappy with his life"	👤							Bukan data "Unhappy" adalah ungkapan umum tanpa adanya pelebih-lebihan
132	00:30- 00:37	"My life no one love me people shot me away in disgrace and don't give me anything to eat every one hates me..."			👤					OKE
133	01:21- 01:37	"The swan and said how beautiful you are , you are as white as milk everyone love you."							👤	OKE

134	01:38-01:40	"You must be happiest bird.."						✎			OKE
135	01:52-01:55	" So colorful and beautiful you must be the (happiest) bird in the world."						✎			Superlative hyperbole Happiest
136	02:00-02:13	" The peacock is the happiest one he is more colorful than me ."						✎			Superlative hyperbole Happiest
137	02:14-02:20	" he finally found a peacock in cage in a zoo hundreds of people"						✎			OKE
138	02:23-02:29	" Your so beautiful thousands of people come to see you.."						✎			OKE
139	02:59-03:10	" You the crow are (the only) bird not kept in a cage."						✎			OKE
140	V7 00:18-00:22	" The world ain't sunshine and rainbows"						✎			Bukan data Ini metafora bukan hiperbola
141	00:25-00:30	" It will beat you to your knees and keep you there if you let it."						✎			OKE
142	00:31-00:34	"You, me or nobody is gonna hit as hard as life ."							✎		OKE
143	01:22-01:26	"The inches we need are everywhere around us."						✎			Bukan data Ini metafora bukan hiperbola
144	02:28-02:30	"Our deepest fear is not that we are inadequate."						✎			OKE
145	02:28-02:35	" Our deepest fear is...., Our deepest fear is..."							✎		OKE
146	02:40-02:44	"You have to dig deep down, Dig deep down and ask yourselves."							✎		OKE
146	03:05-03:08	"Why can't be MPV of the language? Why can't I be the best player in the league?"						✎			OKE
147	03:45-03:49	" Get up... Get up... Get up... "							✎		Bukan data Ini penekanan biasa, bukan ekstrem
148	03:49-03:55	"Get up and (don't ever give up)."						✎			Clausal hyperbole don't ever give up; ini klausa
149	04:06-04:10	"We can climb out of hell ... one inch at a time."						✎			OKE
150	04:35-04:40	"Talent you have naturally. Skill is only developed by hours and hours and hours ..."						✎			OKE
151	04:40-04:42	"..... Of beating on your craft ."						✎			Bukan data Ini idiom bukan hiperbola
152	04:48-04:50	" Don't cry to quit, cry to keep going."						✎			Bukan data Motivasi umum tanpa adanya pelebihan-lebihan
153	04:52-04:56	" You already in pain, you already hurt. Get a reward from it ."						✎			Bukan data Bukan hyperbola
154	05:07-05:10	"Cowards do that, and that ain't you! You're better than that ."						✎			Clausal hyperbole
155	05:41-05:48	" You the people, have the power to make this life free and beautiful, to make this life a wonderful adventure."						✎			OKE
156	V8 00:11-00:15	" He would run across the causeway .."						✎			Bukan data Bukan hyperbola

157	00:23-00:26	"I don't count my sit ups. I only start counting when it starts hunting. "			✎					OKE
158	00:34-00:36	"Jerry, I'm the greatest fighter that ever stepped foot in the ring."					✎			OKE
159	00:38-00:41	"this will be the (biggest) upset in the century of all boxing."					✎			Superlative hyperbole Biggest
160	00:41-00:43	"I think you're a big bag of wind. "		✎						OKE
161	00:43-00:45	" The damnedest showman that ever lived, and you ain't kidding anybody."					✎			OKE
162	00:53-00:55	"Liston is a much bigger puncher."					✎			Bukan data Meskipun "bigger" bisa berarti secara kiasan "lebih kuat", ini bukan pelebih-lebihan
163	00:55-00:57	"Where all these (bigmounth people talking about talk too much.)"			✎					Clausal hyperbole
164	00:58-01:02	"Well , I want all of them to be there . and I'm gonna shut up all of you's mounths. "			✎					OKE
165	01:10-01:13	"ali contimues to scream at Terrell."	✎							Bukan data Scream adalah suara yang ditinggikan bukan dilebih-lebihkan
166	01:13-01:15	"He beat the hell out off those who didn't want to use his name."		✎						OKE
167	01:22-01:23	"I'm just about broke. "		✎						Bukan data "broke" adalah ungkapan umum dan bukan melebihi-lebihkan "kebangkrutan".
168	01:25-01:32	"I'm gonna fight , not for me but to uplift my little brothers who are sleeping on concrete floors today in America."			✎					Clausal hyperbole Ini klausa bukan frasa
169	01:39-01:42	"I'm gonna float like a butterfly and sting like a bee."						✎		Bukan data Ini simile bukan hiperbola
170	01:43-01:44	"George can't hit what his eye's can't see."			✎					Bukan data ini makna literal saja tanpa adanya unsur yang dilebih-lebihkan
171	01:45-01:47	"All you (chumps are gonna bow) when I whoop him..."			✎					Clausal hyperbole chumps are gonna bow; ini klausa hiperbolanya
172	01:54-01:55	"I bluffed him, I'd done everything. "		✎						OKE
173	02:12-02:15	"Ain't nobody gonna stop me."			✎					OKE
174	02:18-02:22	" I shook up the world , I shook up the world. "							✎	OKE
175	02:29-03:04	"He who is not courageous enough to take risks will accomplish nothing life. "			✎					OKE
176	03:05-03:08	"When you're a kid, you always bet some fellas, I'm gonna be champion one day. "			✎					OKE
177	03:18-03:21	"... and there are very few people actually."	✎							Bukan data "very few" tidak melebihi-lebihkan. Ini frasa umum saja

178	V9 00:09-00:11	"It's a silent killer ."		👤						OKE
179	00:13-00:15	"It's almost like carbon monoxide poisoning ."						👤		Bukan data Ini majas simile bukan hiperbola
180	00:20-00:24	" So many people take their lives on a daily basis with mental health problems."				👤				OKE
181	00:34-00:38	"Why did that hit you, you were the champion of the world? You were the baddest man of the planet."					👤			OKE
182	00:46-00:50	"have you ever been left behind some where , when everyone else is going somewhere and you're left."			👤					Clausal hyperbole Ini klausa, bukan perbandingan
183	01:02-01:08	"I put on 147 pounds , I was taking drugs on a daily basis, I was drinking on a daily basis , I was gone"				👤				OKE
184	01:08-01:09	"I was making (everybody's life a misery),..."			👤					Clausal hyperbole Ini klausa bukan frasa
185	01:10-01:12	"Everybody who was close to me was pushed away."			👤					OKE
186	01:13-01:19	"You've a got a man who's got three kids at that time, who wants to die, on a daily basis ."			👤					OKE
187	01:55-01:57	"It was mission impossible to be honest with you at first."		👤						OKE
188	01:28-01:32	"If mental health can't bring somebody a big as me, a strong as me."						👤		OKE
189	01:43-01:50	"Get back in shape, get back to the top , than anybody can do it."			👤					Clausal hyperbole Ini klausa bukan frasa
190	02:11-02:14	"A doctor is not a doctor until he opens up this kid."			👤					OKE
191	02:14-02:23	"A kid. Just like he's got at home and (arteries are bleeding all over the place) and it's not in the textbook and he's gotta do it."			👤					Clausal hyperbole Ini klausa bukan frasa
192	03:05-03:12	"You are not in a solitary universe where only you have felt that way."		👤						OKE
193	03:29-03:33	"who you thought you could never behave like or dealt with the things they dealt with."			👤					OKE
194	03:41-03:43	"Even these (gladiators) feel that way."	👤							SWH Gladiator -> single word
195	03:54-03:58	"Oh my goodnees, somehow fury has managed to get up."		👤						Bukan data Tidak ada unsur melebihi-lebihkan
196	V10 00:09-00:17	"Where it's just going to (all be right) and we're just going to be happy ."		👤						Phrasal hyperbole All be right: ini hiperbolanya
197	00:31-00:34	"We can be 100% guaranteed that it's going to get bad again."				👤				OKE
198	00:54-01:00	" See it as a gift , as an opportunity to open our eyes and to value what it is that we have."			👤					Bukan data "gift" hanya ungkapan umum, bukan melebihi-lebihkan
199	01:16-01:21	" Every single good thing that happens in our lives. Comes at a cost."	👤							OKE
200	01:22-01:23	"There's (nothing for free)"			👤					OKE

201	01:25-01:30	" Everything we struggle with has opportunity and lesson that goes with it."	👤							OKE
202	01:46-01:49	"Something good things fall apart so better things can fall together "			👤					Bukan data Tidak ada unsur melebihi-lebihkan
203	01:50-01:54	" So by the time you are in the prison, that not rock bottom for you?"		👤						Phrasal hyperbole Ini frasa bukan single word
204	02:04-02:07	" God punishes you by giving you everything you want..."			👤					OKE
205	02:08-02:16	" To see if you can handle it. He wants to show you something. He wants to see how much you can take, how much you can handle of life						👤		OKE
206	02:17-02:24	" It's easy to embrace hopelessness, when things seem insurmountable ."	👤							OKE
207	02:24-02:28	" It's not that difficult to overcome this seemingly ghastly problems."	👤							OKE
208	02:42-02:47	" Like if you failed 1 or 2 times. And you pursuing your dream, you ain't ready anyway ."			👤					OKE
209	02:55-03:01	" Most difficult situations..."					👤			OKE
210	02:55-03:01	"most difficult situations will resolve themselves if you are persistent."			👤					Clausal hyperbole Ini klausa bukan frasa
211	03:07-03:11	"Michael Jordan missed 9.000 shots ."				👤				OKE
212	03:07-03:15	" Michael Jordan missed 9.000 shots. He failed 9.000 times."						👤		OKE
213	03:26-03:37	" Think about the times when everthing was going wrong. Nothing was going right			👤					OKE
214	03:37-03:39	"When there was no friends around."		👤						OKE
215	04:56-04:58	" you're going to be in some seasond of your life to where you feel like ain't nothing working "			👤					OKE
216	05:11-05:14	" This is the totality in the process of life."	👤							OKE
217	05:36-05:38	" That's what the storm is all about."		👤						Bukan data Storm adalah metafora bukan hiperbola
218	05:39-05:39	" When you can't control what's happening to you, control how you respond to it. That's where you power is ."		👤						Bukan data Power adalah ungkapan biasa bukan meebih-lebihkan
219	05:56-05:58	"why I have to go to through this fear all the time? ."		👤						OKE
220	05:58-06:03	" Why can't it just be peacefull all the time? ."		👤						OKE
221	06:15-06:18	"Sometimes good people go through some crazy stuff ."		👤						Phrasal hyperbole Ini frasa bukan 1 kata

APPENDIX 2

VALIDATION DARA FROM RATERS

DOCUMENT CHECKLIST OF FUNCTIONS HYPERBOLE

No Data	VC	Expressions	Function	
			R	P
001	V1 00:22- 00:26	"You're going to see that, that was all game that, that was all an illusion"	✎	
002	00:27- 00:23	"The only thing is going to matter is the impact you had on other people's lives"	✎	
003	00:43- 00:47	"They ain't going to talk about my success"	✎	
004	00:50- 00:57	"How nick lived and how nick loved encouraged.."	✎	
005	01:01- 00:05	"success is incredibly important..."	✎	
006	01:19- 01:24	"you've developed people and you have made the world a better place"	✎	
007	01:26- 01:32	"The effect you have on others is the most valuable current there is.."	✎	
008	01:34- 01:40	"Everything you gain in life will rot and fall apart..."	✎	
009	02:14- 02:34	"When you die the world cries while you rejoiced"	✎	
010	V2 00:00- 00:02	"Let me speak to that person that feels like they lost they work to devalue.."		✎
011	00:31- 00:34	"Like I just bought a down Nabila like so can't be worth a dollar..."	✎	
012	00:34- 00:35	"Now it's probably worth like 95 cents right..."		✎
013	00:51- 00:53	"I just stopped it how much is the worth now maybe 65 cents 68 cents.."	✎	
014	01:07- 01:09	"Some guy off the street pulls the dollar I'll unfold it."	✎	
015	01:09- 01:13	"how much is it worth now maybe eighty two cents and me come on at least ninety two cents."	✎	
016	01:36- 01:39	"Swimming with it wait wait wait a second wait a second."	✎	
017	01:59- 02:06	"Why if this dollar doesn't lose its worth there was value then why do you feel like you lost person value"	✎	
018	02:08- 02:13	"Just stepped on you feel like you've been pushed on you feel like you've been abandoned you feel like youtalk about.."	✎	
019	02:20- 02:23	"The side record you feel like you've lost some of your value."	✎	
020	02:33- 02:35	"It they can still be taped back together it gets to be wiped off.."	✎	
021	V3 00:09- 00:11	"One day the world's gonna know who I am..."	✎	
022	00:11- 00:18	"One day I will have Ferrari, the lambo, the rolls, the Bentley, the big house, the cars, the blackyars, with the big swimming pool, ans evaluator..."	✎	
023	00:18- 00:19	"I'm gonna throw the biggest parties.."	✎	
024	00:20- 00:21	"I'm gonnabe a millionaire one day.."	✎	
025	00:45- 00:49	"And they do it overand over and over again.."	✎	
026	00:49- 00:51	"Until their dreams become a reality."	✎	
027	00:53-00: 58	"If you can get throughth to doing things that you hate to do, on the other side is greatness."	✎	
028	01:09- 01:13	"I don't care what you're going through, what life's thrown at you, it's your responsibility to find you new 100%.."	✎	
029	01:18- 01:19	"I fail at most thing I do"	✎	
030	01:44- 01:46	"Kick that clock and get upand go pusue yor dreams.."	✎	
031	01:47- 01:51	"you need to walk through the mnd in life guys..."	✎	

032	02:13-02:14	"Lions don't give up, lions don't quit lions hunt."	👤	
033	02:28-02:32	"While the other guy's sleeping, I'm working. While the other guy's eating, I'm working."	👤	
034	02:45-02:46	"There's someone out there hungry that wants everything..."	👤	
035	02:55-02:58	"I get a kick out of the mountain, I get kick out of the weights, I get kick out of fatigue...."		
036	03:02-03:04	"You take advantage of this opportunity, you let everything else go."	👤	
037	03:08-03:13	"We don't have forever, let's not act like it. We're all going to die, and do I don't act like I'm gonna live forever."	👤	
038	03:14-03:16	"So every opportunity I get, I murder it."	👤	
039	03:19-03:20	"I get up every morning at 3 o'clock"	👤	
040	03:20-03:22	"When I wanna get up, when I don't. When I feel like it and I don't feel like it."	👤	
041	03:31-03:33	"Don't stop when you're tired, stop when you're done."	👤	
042	V4 00:05-00:08	"When you feel like, I don't have the energy to go one more step."	👤	
043	00:10-00:17	"I'm going to give up on my job. I'm going to give up on my dream. I'm going to give up on my health."	👤	
044	00:17-00:19	"It's over. I'm done. Finished."	👤	
045	00:26-00:28	"It just seems like that my life is in shambles."	👤	
046	00:28-00:29	"It's a disaster..."	👤	
047	00:31-00:32	"This nothing's working..."	👤	
048	00:55-00:56	"There are times you're going to want to give out."	👤	
049	00:56-00:57	"There are times you'll feel deserted."	👤	
050	00:57-01:00	"People will lie to you and you're going to run out of resources."	👤	
051	01:05-01:11	"Whatever you're experiencing right now, it has not come to stay. It has come to pass."	👤	
052	01:14-01:17	"You will grow through what you go through."	👤	
053	01:22-01:29	"The person that shows up, the person that grinds from the bottom and hits their rock bottom and still goes on."	👤	
054	01:29-01:34	"The person that's in the car trip tears off their face and it's still accomplishing the mission."	👤	
055	01:40-01:43	"Failure is not falling down. Failure is staying down."	👤	
056	01:43-01:46	"I Failed over and over and over again in my life"	👤	
057	02:13-02:16	"You have to live your life with the expectation that great things are coming your way."	👤	
058	02:29-02:34	"See yourself writing a book before the book is finished."	👤	
059	02:45-02:48	"Demand the universe to assist you in what you're doing."	👤	
060	02:50-02:52	"That no matter what you're going through, you ain't going to switch up."	👤	
061	02:54-02:58	"I'm telling you that you got to be possessed with the vision"	👤	
062	03:06-03:10	"The enemy is an internal voice in you that's telling you that you're not good enough."	👤	
063	03:11-03:13	"Even when your back's against the wall you still say it's all."	👤	
064	03:19-03:21	"Stop running from it and run to it."	👤	

065	03:21-03:23	"You don't quit. You don't give up."	👤	
066	02:23-03:27	"Stop running. Stop running and face it."	👤	
067	03:32-03:36	"The sooner the heat, the sooner the dream."	👤	
068	03:37-03:40	"Your success is on the other side of the problem."	👤	
069	03:40-03:42	"Stop running from your pain and embrace your pain."	👤	
070	03:53-03:55	"You got to take the breath out."	👤	
071	03:57-04:01	"When you taste these finer things of life, all the pain, all the work, all the sacrifice....."	👤	
072	04:04-04:06	"if anything is a small down payment for the price and reward you got"	👤	
073	04:10-04:13	"Stop Running from the potential."	👤	
074	04:30-04:31	"it's impossible....."	👤	
075	04:33-04:36	"The only thing stands between your success.."	👤	
076	04:41	"Nobody can't stop you. You're the only person that can stop you."	👤	
077	04:48-04:49	"Stop acting like a victim."	👤	
078	04:49-04:50	"And walk to into your destiny."	👤	
079	04:57-04:58	"It's break my break, my brain."	👤	
080	04:58-05:00	"Where do I start? I don't know. Pick a spot and go get it."	👤	
081	05:14-05:16	"plus, get early access to all new content and hundreds of exclusive."	👤	
082	V5 00:00-00:02	"A lot of things going to happen that will catch you off guard."	👤	
083	00:06-00:08	"You're going to feel dumb and ask questions and don't know what to do or where to go."	👤	
084	00:17-00:20	"When life hits you on the blind side."	👤	
085	00:28-00:31	"The pain that breaks most of us.."	👤	
086	00:35-00:38	"When you're going through hell what do you do"	👤	
087	01:26-01:31	"If you ever go through something hold your head up if you ever make a mistake hold your head up if you ever...."	👤	
088	01:43-01:47	"it's not over yet what if your best days are not behind you."	👤	
089	02:05-02:08	"which does not kill you will make you stronger."	👤	
090	02:08-02:11	"Life will always be to a large extent not what circumstances..."	👤	
091	02:37-02:39	"Your self double tied if you have to"	👤	
092	02:42-02:43	"It doesn't take any effort to be a loser."	👤	
093	03:05-03:10	"That's always going on 85% of what that conversation will tell you is negative."	👤	
094	03:24-03:27	"I'm afraid but I'm afraid not to do it..."	👤	
095	03:37-03:42	"About if you know you can do it you know it's within you you know you have what it...."	👤	
096	03:43-03:47	"The question is not if the question is when."	👤	
097	04:02-04:06	"you got to walk in it you got to walk to the job interview like you know you got."	👤	
098	04:27-04:31	"I expect to be phenomenal."	👤	

099	04:47-04:50	"If it takes 6 months if it takes a year if takes 10 years."	👤	
100	04:58-05:04	"When you don't see any external activity any external outcome you still believe you can get it done."	👤	
101	05:06-05:10	"To wake up the next day and act like ain't nothing happened."	👤	
102	05:15-05:20	"This too shall pass like every storm that has come to you every single storm."	👤	
103	05:25-05:27	"This too shall pass you don't have to be perfect your circumstances don't have to be perfect you don't have....."	👤	
104	05:34-05:37	"Have to be perfect to get to the place where you want to be in life."	👤	
105	05:37-05:42	"All you got to do is be willing all you got to do is try all you got to do is put forth."	👤	
106	05:55-05:56	"You got you don't have enough money don't worry about it"	👤	
107	06:23-06:26	"You will begin to realize powers and abilities you have."	👤	
108	06:26-06:30	"You will realize you have miracle working power in you."	👤	
109	06:44-06:48	"You are the captain of your ship you are the master of your life."	👤	
110	06:49-06:54	"You can have it you can do it you can be it."	👤	
111	V6 00:10-00:12	"You got to do the mea huge favor man you lying to yourself."	👤	
112	00:13-00:19	"on one point you saying you want to be great you want to do great , you want to do great things you want to have greatness.."	👤	
113	00:51-01:12	"Talk is cheap so you can say that you're allergic to average but are you actions backing it up?"	👤	
114	00:57-00:59	"you got to show the world that you mean business"	👤	
115	01:00-01:06	"greats like you jump over hurdles run through barriers."	👤	
116	01:06-00:12	"Never ever stopgrinding to win.."	👤	
117	01:20-01:26	"you got to get to the point, where you get allergic to average "	👤	
118	01:27-02:32	"You don't perform average success and average have absolutely nothing to do with..."	👤	
119	01:33-01:44	"You boss can't stand aage your coach can't stand aage your teacher can't stand out your..."	👤	
120	01:45-01:50	"But listen to me very closely nobody really like average because average attracts average."	👤	
121	01:51-02:00	"You can't help it that you suffer from ambition You can't help it that you suffer from trying to be great, You can't help it that you suffer for trying to go the next...."	👤	
122	02:15-02:31	"That every fiber of you being every fiber of your existence wants to win."	👤	
123	02:42-02:47	"Some people have a problem for every solution"	👤	
124	03:04-03:07	"...Back to the grind because now it's back to the shine..."	👤	
125	03:34-03:40	"You didn't hear me say a million time I was going to speak for the NFL."	👤	
126	03:47-03:50	"I'm tired of people calling me , I'm tired of people emailing me, I'm tired of people texting me."	👤	
127	04:20-04:26	"you've been doing it for two years but what were you doingthe other 30 years what were you doing the other 21 years.."	👤	
128	05:27-05:32	"You talk too much shut up get in the lab and let's go to work and do your work"	👤	
129	05:31-05:36	"You feel like it go to work every single day wark on it everyday."	👤	
130	06:45-06:52	"thst's exactly what it is when you allow that average mindset to attack you.."	👤	

131	V6 00:09- 00:13	"A crow was very unhappy with his life"	👤	
132	00:30- 00:37	"My life no one love me people shot me away in disgrace and don't give me anything to eat every one hates me."	👤	
133	01:21- 01:37	"The swan and said how beautiful you are , you are as white as milk everyone love you."	👤	
134	01:38- 01:40	"You must be happiest bird.."		👤
135	01:52- 01:55	" So colorful and beautiful you must be the happiest bird in the world."		👤
136	02:00- 02:13	" The peacock is the happiest one he is more colorful than me."	👤	
137	02:14- 02:20	" he finally found a peacock in cage in a zoo hundreds of people...."	👤	
138	02:23- 02:29	" Your so beautiful thousands of people come to see you.."		👤
139	02:59- 03:10	" You the crow are the only bird not kept in a cage."	👤	
140	V7 00:18- 00:22	" The world ain't sunshine and rainbows"	👤	
141	00:25- 00:30	" It will beat you to your knees and keep you there if you let it."	👤	
142	00:31- 00:34	"You, me or nobody is gonna hit as hard as life."	👤	
143	01:22- 01:26	"The inches we need are everywhere around us."	👤	
144	02:28-02: 30	"Our deepest fear is not that we are inadequate."	👤	
145	02:28- 02:35	" Our deepest fear is..... Our deepest fear is..."	👤	
146	02:40- 02:44	"You have to dig deep down, Dig deep down and ask yourselves."	👤	
146	03:05- 03:08	"Why can't be MPV of the language? Why can't I be the best player in the league?."	👤	
147	03:45- 03:49	" Get up... Get up.. Get up.."	👤	
148	03:49- 03:55	"Get up and don't ever give up."	👤	
149	04:06- 04:10	"We can climb out of hell... one inch at a time."	👤	
150	04:35- 04:40	"Talent you have naturally. Skill is only developed by hours and hours and hours..."	👤	
151	04:40- 04:42	"..... Of beating on your craft."	👤	
152	04:48- 04:50	" Don't cry to quit, cry to keep going."	👤	
153	04:52- 04:56	" You already in pain, you already hurt. Get a reward from it."	👤	
154	05:07- 05:10	"Cowards do that, and that ain't you! You're better than that."	👤	
155	05:41- 05:48	" You the people, have the power to make this life free and beautiful, to make this life a wonderful adventure."	👤	
156	V8 00:11- 00:15	"He would run across the causeway.."	👤	
157	00:23- 00:26	"I don't count my sit ups. I only start counting when it starts hunting ."	👤	
158	00:34- 00:36	" Jerry, I'm the greatest fighter that ever stepped foot in the ring."	👤	
159	00:38- 00:41	"this will be the biggest upset in the century of all boxing."	👤	
160	00:41- 00:43	" I think you're a big bag of wind ."	👤	
161	00:43- 00:45	" The damnedest showman that ever lived, and you ain't kidding anybody."	👤	

162	00:53-00:55	"Liston is a much bigger puncher."	👤	
163	00:55-00:57	"Where all these bigmounth people talking about talk too much."	👤	
164	00:58-01:02	"Well, I want all of them to be there. and I'm gonna shut up all of you's mounths ."	👤	
165	01:10-01:13	"ali congtimues to scream at Terrell."	👤	
166	01:13-01:15	"He beat the hell out off those who didn't want to use his name."	👤	
167	01:22-01:23	"I'm just about broke ."	👤	
168	01:25-01:32	"I'm gonna fight, not for me but to uplift my little brothers who are sleeping on concrete floors today in America."	👤	
169	01:39-01:42	"I'm gonna float like a butterfly and sting like a bee."	👤	
170	01:43-01:44	"George can't hit what his eye's can't see."	👤	
171	01:45-01:47	"All you chumps are gonna bow when I whoop him..."	👤	
172	01:54-01:55	"I bluffed him, I'd done everything ."	👤	
173	02:12-02:15	"Ain't nobody gonna stop me."	👤	
174	02:18-02:22	" I shook up the world , I shook up the world ."	👤	
175	02:29-03:04	"He who is not courageous enough to take risks will accomplish nothing life ."	👤	
176	03:05-03:08	"When you're a kid, you always bet some fellas, I'm gonna be champion one day ."	👤	
177	03:18-03:21	"... and there are very few people actually."	👤	
178	V9 00:09-00:11	"It's a silent killer ."	👤	
179	00:13-00:15	"It's almost like carbon monoxide poisoning ."	👤	
180	00:20-00:24	" So many people take their lives on a daily basis with mental health problems."	👤	
181	00:34-00:38	"Why did that hit you, you were the champion of the world? You were the baddest man of the planet." (ungkapan memuji – positive politeness)		👤
182	00:46-00:50	"have you ever been left behind some where, when everyone else is going somewhere and you're left."	👤	
183	01:02-01:08	"I put on 147 pounds , I was taking drugs on a daily basis, I was drinking on a daily basis, I was gonne"	👤	
184	01:08-01:09	"I was making everybody's life a misery ,..."	👤	
185	01:10-01:12	"Everybody who was close to me was pushed away."	👤	
186	01:13-01:19	"You've a got a man who's got three kids at that time, who wants to die, on a daily basis ."	👤	
187	01:55-01:57	"It was mission impossible to be honest with you at first."	👤	
188	01:28-01:32	"If mental health can't bring somebody a big as me, a strong as me."	👤	
189	01:43-01:50	"Get back in shape, get back to the top , than anybody can do it."	👤	
190	02:11-02:14	"A doctor is not a doctor until he opens up this kid."	👤	
191	02:14-02:23	"A kid. Just like he's got at home and arteries are bleeding all over the place and it's not in the textbook and he's gotta do it."	👤	
192	03:05-03:12	"You are not in a solitary universe where only you have felt that way."	👤	
193	03:29-03:33	"who you thought you could never behave like or dealt with the things they dealt with."	👤	
194	03:41-03:43	"Even these gladiators feel that way."	👤	

195	03:54-03:58	" Oh my goodnees, somehow fury has managed to get up."	👤	
196	V10 00:09-00:17	" Where it's just going to all be right and we're just going to be happy. "	👤	
197	00:31-00:34	" We can be 100% guaranteed that it's going to get bad again."	👤	
198	00:54-01:00	" See it as a gift , as an opportunity to open our eyes and to value what it is that we have."		👤
199	01:16-01:21	" Every single good thing that happens in our lives. Comes at a cost."	👤	
200	01:22-01:23	" There's nothing for free"	👤	
201	01:25-01:30	" Everything we struggle with has opportunity and lesson that goes with it."	👤	
202	01:46-01:49	"Something good things fall apart so better things can fall together "		👤
203	01:50-01:54	" So by the time you are in the prison, that not rock bottom for you?"	👤	
204	02:04-02:07	" God punishes you by giving you everything you want..."	👤	
205	02:08-02:16	" To see if you can handle it. He wants to show you something. He wants to see how much you can take, how much you can handle of life	👤	
206	02:17-02:24	" It's easy to embrace hopelessness, when things seem insurmountable. "	👤	
207	02:24-02:28	" It's not that difficult to overcome this seemingly ghastly problems."	👤	
208	02:42-02:47	" Like if you failed 1 or 2 times. And you pursuing your dream, you ain't ready anyway. "	👤	
209	02:55-03:01	" Most difficult situations..."	👤	
210	02:55-03:01	"most difficult situations will resolve themselves if you are persistent."	👤	
211	03:07-03:11	"Michael Jordan missed 9,000 shots.	👤	
212	03:07-03:15	" Michael Jordan missed 9,000 shots. He failed 9,000 times.	👤	
213	03:26-03:37	" Think about the times when everthing was going wrong. Nothing was going right	👤	
214	03:37-03:39	"When there was no friends around.":	👤	
215	04:56-04:58	" you're going to be in some seasond of your life to where you feel like ain't nothing working. "	👤	
216	05:11-05:14	" This is the totality in the process of life."	👤	
217	05:36-05:38	" That's what the strom is all about."	👤	
218	05:39-05:39	" When you can't control what's happening to you, control how you respond to it. That's where you power is. "	👤	
219	05:56-05:58	"why I have to go to through this fear all the time? "	👤	
220	05:58-06:03	" Why can't it just be peacefull all the time?	👤	
221	06:15-06:18	"Sometimes good people go through some crazy stuff. "	👤	

VALIDATION LETTER

After verifying the documents' analysis that will be used in the research entitled " ANALYSIS OF EXPRESSIONS CONTAINING HYPERBOLE IN INSPIRATIONAL VIDEO ON YOUTUBE " arranged by :

Name : Mefri Nindita Utami
NIM : 20551032
Study Program : Tadris Bahasa Inggris
Faculty : Tarbyah

With my undersigned :

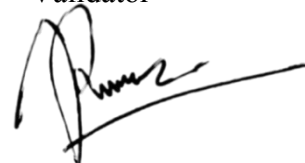
Name : Abd. Rahman Zain, S.S., M. Li.
Position : Researcher in Linguistics and Translation

Confirmed that the Rubric is correctly used to check students' narrative paragraph writing and the assessment results can be reliably accounted for.

Correction Feedback:

Overall, the student has demonstrated the ability to classify the functions of hyperbole. However, several data require further review, particularly in distinguishing between phrasal and clausal forms of hyperbole.

Curup, Juli 2025
Validator



Abd. Rahman Zain, S.S., M.
Li.

BIODATA VALIDATOR

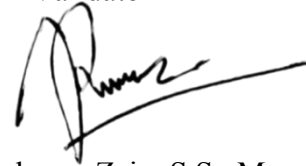
1. Informasi Pribadi

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Tahun Lulus : 2022
Jurusan : Ilmu Linguistik dan Penerjemahan

Curup, Juli 2025
Validator



Abd. Rahman Zain, S.S., M.
Li.

APPENDIX 3

DOCUMENTATION TRANSKIP FROM YOUTUBE

VIDEO 1

Transcript

Make An Impact - Motivational Video

By Lionel Scott

https://www.youtube.com/watch?v=pb7_YJp9bVA

00:12 – 00:15

when we're laying on our deathbed...

00:16 – 00:20

you're not going to worry about how much money you had..

00:22 – 00:26

how much power you had how much Prestige you're going to see that that was all game that that was all an illusion..

00:27 – 00:33

the only thing is going to matter is the impact you had on other people's lives..

00:35 – 00:37

we are all on a separate Journey..

00:39 – 00:44

but the beautiful thing about our life here on this Earth is at my funeral..

00:43 – 00:47

they ain't going to talk about my success..

00:48 – 00:57

they're going to talk about who Nick was and how Nick lived and how Nick loved and encouraged..

01:01 – 01:09

success is incredibly important but even more important than success it's having an impact..

01:10 – 01:13

it's knowing you haven't walked the planet in vain..

01:14 – 01:15

it's knowing that because you've been here..

01:16 – 01:18

you've blessed lives.

01:19 – 01:24

you've developed people and you have made the world a better place..

01:26 – 01:32

the effect you have on others is the most valuable current there is..

01:34 – 01:46

everything you gain in life will rot and fall apart and all that will be left of you is what was in your heart..

01:57 – 01:58

life is a mirror..

02:00 – 02:02

and life gives us not what we want..

02:03 – 02:04

life gives us who we are..

02:10 – 02:13

when you were born you cried while the world rejoiced..

02:14 – 02:34

live your life in such a way that when you die the world cries while you rejoice..

DOCUMENTATION TRANSKIP FROM YOUTUBE

VIDEO 2

YOUR VALUE - Powerful Motivational Speech

<https://www.youtube.com/watch/yBrRpb8aLwk>

00:00:00.230 let me speak to that person that feels
 00:00:02.250 like they lost they work to devalue this
 00:00:06.870 is the dollar bill now if I go to the
 00:00:10.110 store and there's something for 90 cents
 00:00:13.410 cannot buy it with this dollar bill okay
 00:00:16.320 all right so if I go to the store and
 00:00:18.779 there's something for 85 cents and after
 00:00:20.820 tax it ends up being 96 cents cannot buy
 00:00:23.880 with this dollar bill okay all right so
 00:00:26.550 what is eyeball the dollar bill Oh think
 00:00:30.539 about it now
 00:00:31.439 like I just bought a down nabilla like
 00:00:34.020 so we can't be worth a dollar now it's
 00:00:35.880 probably worth like 95 cents right how
 00:00:39.420 much you think it's worth I download
 00:00:41.940 this is this is y'all gotta pay
 00:00:43.410 attention
 00:00:43.950 I just balled it up so clearly it's not
 00:00:46.379 worth the doll anymore all right
 00:00:47.850 are so maybe what if I step on it what
 00:00:50.430 if I stop it
 00:00:51.300 I just stopped it how much is the worth
 00:00:53.399 now maybe 65 cents 68 cents it still
 00:00:56.789 worth a dollar okay what if I bought it
 00:00:59.070 up put it buy stuff on it and then I put
 00:01:01.440 it in the trash can and they see here
 00:01:03.629 with some trash and it's around some
 00:01:05.280 beer and some gum and a bunch of other
 00:01:07.470 nasty stuff and some guy off the street
 00:01:09.479 pulls the dollar I'll unfold it how much
 00:01:12.299 is it worth now maybe eighty two cents
 00:01:13.920 and me come on at least ninety two cents
 00:01:17.759 it's okay are so what about both of them
 00:01:20.670 what if I step on it what if I put it in
 00:01:22.619 trash and then cross this out tearing a
 00:01:26.009 half
 00:01:27.340 think about it now right how much is the
 00:01:31.420 work now \$1 I could tape it what boys
 00:01:36.310 swimming with it wait wait wait a second
 00:01:39.130 wait a second
 00:01:40.570 I just I just balled it up I just
 00:01:46.420 stepped on it I put it in trash I pulled
 00:01:50.530 it out then I tore in a hand and you
 00:01:53.380 mean to tell me I could pick the dollar
 00:01:55.240 up I could wipe it off and I could put
 00:01:57.549 some tape around it and it still worth a
 00:01:59.440 dollar then why if this dollar doesn't
 00:02:02.860 lose its worth there was value then why

00:02:04.990 do you feel like you lost you person
00:02:06.580 value because many of you feel like you
00:02:08.500 just stepped on you feel like you've
00:02:10.060 been pushed aside you feel like you've
00:02:11.739 been abandoned you feel like you can
00:02:13.450 talk about you feel like you've been
00:02:14.980 abused like someone took from you
00:02:17.019 someone hurts you somebody took
00:02:18.970 advantage of you and beat down the side
00:02:20.980 record you feel like you've lost some of
00:02:23.290 your value it's
00:02:26.030 that this dollars just has words in
00:02:27.920 value because there are some n years ago
00:02:30.620 will put value or with a slide it says
00:02:33.319 no matter what happens to it they can
00:02:35.269 still be taped back together it gets to
00:02:37.159 be wiped off and I need to tell you that
00:02:39.349 you were created you're pulling your ear
00:02:41.299 and you have life and you have purpose
00:02:43.670 if you have value and don't you throw
00:02:45.650 through some archons and though you've
00:02:47.329 experiencing some depression and you
00:02:49.310 might be one that hurts your love you
00:02:50.750 might want to give up I am here to tell
00:02:52.819 you still not worth the value and there
00:02:54.739 was nothing that could happen that could
00:02:56.269 take your Worth and your value away so
00:02:58.639 what you got to do now you got to pick
00:03:00.980 yourself off we've got a dust yourself
00:03:03.230 off and you got to keep moving
00:03:04.850 [Music]
00:03:17.290 you
00:03:19.890 [Music]

DOCUMENTATION TRANSKIP FROM YOUTUBE

VIDEO 3

KILL YOUR LAZINESS - Motivational Speech

<https://www.youtube.com/watch/V04ojClenZU>

00:00:01.500 One of the biggest contradictions of massive success
00:00:04.059 Is when people go to their moms, their dads,
00:00:06.560 their brother, sister, boyfriend, girlfriend, they say listen,
00:00:09.430 one day the world's gonna know who I am.
00:00:11.480 One day I will have a Ferrari,
00:00:13.059 the Lambo, the Rolls,
00:00:14.190 the Bentley, the big house,
00:00:15.580 the cars, the backyard with the big swimming pool and
00:00:18.350 an elevator, I'm gonna throw the biggest parties,
00:00:20.150 I'm gonna be a millionaire one day.
00:00:22.160 Yet, instead of staying at the office on Friday
00:00:24.650 night, you call your friends and you go party.
00:00:27.860 Instead of waking up Saturday morning to go to the gym,
00:00:30.199 you sleep in until 10 o'clock.
00:00:32.439 Instead of reading the book on Sundays, you kick back and watch movies
00:00:35.980 all day long.
00:00:37.360 The reality is very simple.
00:00:39.649 Those who win big they do 4 things right.
00:00:43.500 They sleep, sweat,
00:00:44.970 grind, repeat.
00:00:45.970 And they do it over and over
00:00:49.850 and over again until their dreams become a reality.
00:00:53.570 If you can get through to doing things that you hate to do,
00:00:58.210 on the other side is greatness.
00:00:59.750 You gotta have the mentality to show up every f*cking day of your life.
00:01:03.410 No matter what life throws at you.
00:01:05.119 It's our responsibility to show up to the coliseum of life.
00:01:08.770 Prepare for f*cking battle.
00:01:09.900 I don't care what you're going through, what life's thrown at you,
00:01:13.520 it's your responsibility to find your new 100%.
00:01:16.570 You still must grind.
00:01:18.720 I fail at most things I do.
00:01:20.141 But still I grind.
00:01:21.141 I don't wanna do half the sh*t I do, but still I grind.
00:01:25.530 And that one day you see me down a dark alley
00:01:28.650 running at one o'clock in the morning, know one thing,
00:01:30.549 I was grinding.
00:01:32.479 Every single day when you wake up, you got two options.
00:01:34.500 You can look at the clock and hit the snooze.
00:01:36.900 You can look at that snooze button and boom, you can hit the snooze button and go back
00:01:40.220 to bed and dream about what you wanna have.
00:01:42.350 Or you can look at that snooze button,
00:01:44.420 kick that clock and get up and go pursue your dreams.
00:01:47.649 You need to walk through the mud in life guys

00:01:51.430 if you ever wanna get to the higher ground.
00:01:55.149 The higher ground is where
00:01:56.720 you look in the mirror and you have respect that you went through the work, the sweat
00:02:04.260 equity of it all, and the end product is something you can be

00:02:07.290 proud of, a legacy in life
 00:02:08.479 that you put your signature to.
 00:02:09.669 That means something, you're not speaking hollow words,
 00:02:11.260 you're backing those motherf*ckers up with action.
 00:02:12.660 That's what lions do.
 00:02:13.660 Lions don't give up, lions don't quit,
 00:02:14.870 lions hunt.
 00:02:15.870 That's what we do for a living.
 00:02:18.250 I still grind, I love the grind.
 00:02:21.470 If you're competing with one of my businesses, I'm gonna kick your ass
 00:02:23.340 'cause I'm gonna outgrind you.
 00:02:24.800 You have to be willing to work
 00:02:26.590 in places people don't see.
 00:02:28.629 While the other guy's sleeping, I'm working.
 00:02:31.040 While the other guy's eating, I'm working.
 00:02:33.930 There's a motherf*cker out there who wants what you have.
 00:02:39.660 Who wants the position you are, who wants the job you have,
 00:02:43.160 who wants the wife that you have or the husband.
 00:02:45.220 There's someone out there hungry that wants everything you f*cking have.
 00:02:47.500 So make that a motivation for you.
 00:02:48.940 And mental toughness says not only do I climb that doggone mountain,
 00:02:52.800 I enjoy climbing the mountain.
 00:02:55.530 I get a kick out of the mountain, I get a kick out of the weights,
 00:02:58.290 I get a kick out of fatigue, I get a kick out of the grind,
 00:03:01.030 I get a kick out of it.
 00:03:02.650 You take advantage of this opportunity, you let everything else go.
 00:03:05.340 You eat different, you study different,
 00:03:07.370 you practice different.
 00:03:08.390 We don't have forever, let's not act like it.
 00:03:10.849 We're all going to die, and so I don't act like I'm gonna live forever.
 00:03:14.519 So every opportunity I get, I murder it.
 00:03:16.760 Process driven, I love it.
 00:03:18.320 I'm about that life.
 00:03:19.320 I get up every morning at 3 o'clock.
 00:03:20.750 When I wanna get up, when I don't.
 00:03:22.210 When I feel like it and I don't feel like it,
 00:03:24.360 why?
 00:03:25.360 'Cause I'm process driven.
 00:03:26.360 I'm not feelings driven.
 00:03:27.620 Champions are not feelings driven.
 00:03:29.760 Champions don't get up when they want to.
 00:03:30.820 And if we're gonna be champions, process driven.
 00:03:31.909 Don't stop when you're tired, stop when you're done.

DOCUMENTATION TRANSKIP FROM YOUTUBE

VIDEO 4

I MUST KEEP GOING - Motivational Video

<https://www.youtube.com/watch/ffyOplqCKes>

00:00:01.760 What do you do when you feel like giving
00:00:05.480 up? When you feel like, I don't have the
00:00:07.919 energy to go one more step. I'm just
00:00:10.960 going to chuck it. I'm going to give up
00:00:12.400 on my marriage. I'm going to give up on
00:00:14.080 my job. I'm going to give up on my
00:00:15.759 dream. I'm going to give up on my
00:00:17.199 health. It's over. I'm done. Finished.
00:00:20.640 What do you do when you don't know what
00:00:22.720 to do? And the things you should do, you
00:00:25.039 don't do. And the things you shouldn't
00:00:26.240 do, you do. It just seems like that my
00:00:28.880 life is in shambles. It's a disaster.
00:00:31.119 This nothing's working. What do you do?
00:00:33.760 How do you get out of that? We all have
00:00:35.680 shortcomings. We're all going to make
00:00:37.040 mistakes. We're all going to experience
00:00:38.480 some disappointments and some failures.
00:00:40.559 Why? That's a part of it. It goes with
00:00:42.399 the territory of being a human being.
00:00:44.960 What do you do when we have no external
00:00:47.039 motivation? It's about the eternal. What
00:00:49.440 do you say to yourself? How you going to
00:00:51.360 fire yourself up? What's that flame
00:00:53.360 inside of you that keeps you going?
00:00:55.199 There are times you're going to want to
00:00:56.239 give out. There are times you'll feel
00:00:57.520 deserted. People will lie to you and
00:00:59.039 you're going to run out of resources.

00:01:00.559 That's a part of it. But that's how you
00:01:02.719 grow. That's how you learn from life. So
00:01:05.840 whatever you're experiencing right now,
00:01:08.240 it has not come to stay. It has come to
00:01:11.119 pass. Look for the lesson in it all. You
00:01:14.720 will grow through what you go through.
00:01:17.040 The question is, are you willing to go
00:01:19.520 through it? I want to honor all the
00:01:22.080 workers in here. The person that shows
00:01:24.320 up, the person that grinds from the
00:01:27.360 bottom and hits their rock bottom and
00:01:29.200 still goes on. The person that's in the
00:01:31.280 car rip for tears off their face and
00:01:33.600 it's still accomplishing the mission.
00:01:35.360 Because I'm telling you right now, you
00:01:36.880 might not feel it now. You might not see
00:01:38.479 it now, but it's going to pay off in
00:01:40.479 your life. Failure is not falling down.
00:01:43.040 Failure is staying down. I failed over
00:01:46.159 and over and over again in my life, and
00:01:49.680 that's why I succeeded. You get to make
00:01:52.079 a choice. Is failure going to break you
00:01:55.119 or is failure going to make you? You get
00:01:57.520 to decide. Failure doesn't. You get to
00:02:00.079 decide if I'm going to be rich, poor,
00:02:03.719 mediocre, happy, sad. You have a
00:02:06.960 decision to make, but you have to claim
00:02:09.560 it. You have to expect
00:02:13.160 it. You have to live your life with the
00:02:16.760 expectation that great things are coming
00:02:19.440 your way. that your thoughts can create
00:02:22.239 things. You got to be able to see it
00:02:24.560 when it cannot be seen. You got to see

00:02:27.280 it in your mind's eye. You have to see
00:02:29.360 it happening. You have to see yourself
00:02:31.840 writing a book before the book is
00:02:33.760 finished. You have to see yourself
00:02:35.360 graduating even though the teachers are
00:02:37.200 telling you that it's not going to
00:02:38.959 happen. You got to see it because if you
00:02:41.440 can't believe in it, you will never
00:02:43.519 manifest it. But when you believe in it,
00:02:45.920 you demand the universe to assist you in
00:02:48.239 what you're doing. before I leave this
00:02:50.319 earth, the vision got to be done. That
00:02:52.560 no matter what you're going through, you
00:02:54.560 ain't going to switch up. I'm telling
00:02:56.319 you that you got to be possessed with
00:02:58.480 the vision. You have to defeat the
00:03:00.959 enemy. It's not the people online who
00:03:02.800 don't like you. It's not the people that
00:03:04.080 are judging you. It's not your past.
00:03:06.159 It's not your circumstances. The enemy
00:03:08.080 is an internal voice in you that's
00:03:09.920 telling you that you're not good enough.
00:03:11.360 The enemy is at fear. Even when your
00:03:13.519 back's against the wall, you still say
00:03:14.959 it's all. Even when you don't even have
00:03:16.319 it figured out, you take what you know
00:03:18.000 and you move forward with your life.
00:03:19.920 Stop running from it and run to it. You
00:03:22.640 don't quit. You don't give up. Stop
00:03:24.400 running. Stop running and face it. Stop
00:03:27.840 worrying. Stop crying. Stop worrying.
00:03:30.560 Stop giving up. And you will take the
00:03:32.959 fight tour. Go to the heat. The sooner

00:03:35.840 the heat, the sooner the dream. Because
00:03:37.840 your success is on the other side of the
00:03:40.319 problem. Stop running from your pain and
00:03:42.879 embrace your pain. Your pain is going to
00:03:46.159 be a part of your prize. I challenge you
00:03:48.879 to push yourself. Go get it. Don't run
00:03:51.200 from it no more. Go get it. You got to
00:03:53.120 take that thing out. You got to take the
00:03:55.120 breath out. You got to go get it. When
00:03:57.280 you taste these finer things of life,
00:03:59.760 all the pain, all the work, all the
00:04:01.680 sacrifice to get them is well worth it.
00:04:04.159 If anything is a small down payment for
00:04:06.959 the price and the reward you got and
00:04:08.879 once felt, how do you ever turn your
00:04:10.720 back on it? Stop running from the
00:04:13.200 potential. what you can be guys is
00:04:15.120 inside of you. It's always been there.
00:04:17.279 You set the tone for your life. Life
00:04:20.238 happens to everybody. But winners
00:04:22.079 approach it like victors and losers like
00:04:25.120 victims. You're not a victim. Stop
00:04:27.520 talking about I can't. I quit. I don't
00:04:29.759 think I can make it happen. It's
00:04:31.440 impossible. Stop talking like that. Stop
00:04:33.759 cursing and start believing. The only
00:04:36.240 thing stands between your success. The
00:04:38.080 only thing stands from you doing what
00:04:39.680 you know you've been called to do. The
00:04:41.199 only thing is you. Nobody can't stop
00:04:43.199 you. You're the only person that can
00:04:44.720 stop you. So, stop talking like a
00:04:46.240 victim. Stop thinking like a victim.

00:04:48.000 Stop acting like a victim. And walk into
00:04:50.240 your destiny. Walk into it. You sitting
00:04:53.600 there hoping things going to get better.
00:04:55.280 You got to work. This going to happen on
00:04:57.040 its own. It's break my break, my brain.
00:04:58.800 Where do I start? I don't know. Pick a
00:05:00.800 spot and go get it. You can start the
00:05:02.720 process right now of turning it all
00:05:05.040 around by getting up and getting to
00:05:07.520 work.
00:05:10.400 Download this video and audio by
00:05:12.080 becoming a member at benlionalscott.com.
00:05:14.960 Plus, get early access to all new
00:05:16.880 content and hundreds of exclusive

DOCUMENTATION TRANSKIP FROM YOUTUBE

VIDEO 5

YOU CAN'T STOP

<https://www.youtube.com/watch/zFLF4fDDu1w>

00:00:00.640 a lot of things going to happen that
00:00:02.000 will catch you off guard you're going to
00:00:04.160 make a lot of mistakes you're going to
00:00:05.359 have a lot of failures you're going to
00:00:06.560 have a lot of struggles you're going to
00:00:08.080 feel dumb and ask questions and don't
00:00:09.760 know what to do or where to go and
00:00:11.920 that's part of growing that's part of
00:00:13.519 the experimentation process because when
00:00:16.239 the tough times come and they're going
00:00:17.680 to come when life hits you on the blind
00:00:20.080 side and that's going to happen or
00:00:22.160 someone you thought you'd be married to

00:00:23.680 for the rest of your life and they
00:00:25.760 decide they want a divorce called life
00:00:28.560 it's the panic or the pain that breaks
00:00:30.320 most of us you weren't expecting it and
00:00:33.120 it threw you off and that's what broke
00:00:35.280 you when you're going through hell what
00:00:38.320 do you do you don't stop there you don't
00:00:40.399 want to stay there you want to spend the
00:00:41.840 rest of your life there you keep going
00:00:44.480 you put one foot in front of the other
00:00:46.879 if at first you don't succeed you're
00:00:50.320 normal nobody succeeds at first
00:00:53.440 successful people simply see failure as
00:00:56.800 a temporary setback there is no comeback
00:00:59.920 without first a
00:01:01.640 setback you don't know what you can take
00:01:05.040 until the pressure is applied to your
00:01:07.360 life you don't know what you can endure
00:01:10.560 until people stab you in the back and
00:01:12.560 walk away from you you don't know how
00:01:14.960 much courage you have until you've been
00:01:17.200 under fire and under struggle and under
00:01:20.000 tribulation it's when all hell breaks
00:01:23.439 loose that's when you get to see what
00:01:26.479 you got if you ever go through something
00:01:29.280 hold your head up if you ever make a
00:01:31.200 mistake hold your head up if you ever do
00:01:33.840 something and everything goes wrong life
00:01:36.880 catch you on the blind side hold your
00:01:39.439 head up and sometimes you think you know
00:01:41.520 how it ends but what if it's not over
00:01:43.520 yet what if it's not over yet what if
00:01:45.920 your best days are not behind you what

00:01:48.479 if everything that you have been through
00:01:50.960 can serve a greater purpose what if a
00:01:53.600 generational curse was being broken
00:01:56.479 through your battle it's not over i'm
00:01:59.439 still here i'm not dead yet oh it's not
00:02:02.479 over yet don't count me out yet that
00:02:05.280 which does not kill you will make you
00:02:08.080 stronger life will always be to a large
00:02:11.200 extent not what circumstances will make
00:02:13.599 of it not what other people will make of
00:02:16.160 it but what you make of your life that's
00:02:18.640 what your life will be not what other
00:02:20.480 people say it will be not what the
00:02:22.640 environment will try and dictate to you
00:02:25.200 no what you make your life when you hold
00:02:27.920 on to your dream don't let anybody kill
00:02:29.680 it in you just hold on to that dream
00:02:31.680 when it doesn't make sense to anybody
00:02:33.440 including you sometimes just hold on if
00:02:35.840 it gets hard you tired not around
00:02:37.840 yourself you double tied if you have to
00:02:39.840 but you hold on see it's easy to be on
00:02:42.160 the bottom it doesn't take any effort to
00:02:43.840 be a loser doesn't take any motivation
00:02:46.080 any drive in order to stay down there at
00:02:48.560 a low level but it calls on everything
00:02:51.120 in you you have to harness your will to
00:02:53.760 say "I'm going to challenge myself."
00:02:56.239 Sometimes I have to pull myself out of
00:02:57.840 bed to come on less you got to learn to
00:03:00.319 stand up to yourself inside yourself and
00:03:03.200 short circuit override that conversation
00:03:05.680 that's always going on 85% of what that

00:03:08.640 conversation will tell you is negative
00:03:11.360 it's negative it will tell you you're
00:03:13.280 tied when you really are not tied it
00:03:15.360 will tell you you can't do it it will
00:03:16.959 fill you with fear so you've got to
00:03:18.959 watch that conversation and when you
00:03:20.800 find it going on you've got to stand up
00:03:22.959 to it and say "I'm going to do this
00:03:24.480 anyhow i'm afraid but I'm afraid not to
00:03:27.120 do it and I'm not going to let you stop
00:03:30.519 me." This is not a question of if if you
00:03:33.840 can get to the next level it's when when
00:03:36.560 are you going to blow up don't worry
00:03:37.920 about if you know you can do it you know
00:03:40.080 it's within you you know you have what
00:03:42.400 it takes to get to that next level the
00:03:44.959 question is not if the question is when
00:03:48.720 and I had to hold on i had to persevere
00:03:51.680 i had to tell myself you can't do it
00:03:54.720 there's a reason every successful person
00:03:56.879 is successful they got themselves to a
00:03:59.599 point where they expect to win when you
00:04:02.400 get there you got to walk in it you got
00:04:04.640 to walk to the job interview like you
00:04:06.239 know you got it you got to sit out and
00:04:08.239 take that test like you know you about
00:04:10.319 to make it i need you to expect that you
00:04:13.040 going to pass this thing you have to
00:04:14.799 stop accepting the reality of other
00:04:17.358 people and you got to accept your own
00:04:19.358 reality i walk in my reality i don't
00:04:22.240 walk into other people's limitation
00:04:24.000 because you can't do it because you

00:04:25.919 can't see it it doesn't mean it can't
00:04:27.759 happen i expect it i expect to be
00:04:31.040 phenomenal i don't expect anything else
00:04:33.600 but phenomenal failure is not an option
00:04:37.040 and you have to have patience you got to
00:04:39.759 have the ability to wait stuff out to
00:04:42.720 hold on and hold out embrace the I don't
00:04:46.080 mind waiting mentality if it takes 6
00:04:48.720 months if it takes a year if it takes 10
00:04:50.960 years I am going to wait it out you got
00:04:53.680 to have that patience that fortitude to
00:04:55.600 say even when you don't see physical
00:04:58.720 evidence when you don't see any external
00:05:01.680 activity any external outcome you still
00:05:04.800 believe you can get it done it is the
00:05:06.880 ability when you have a terrible day to
00:05:09.120 wake up the next day and act like ain't
00:05:10.880 nothing happened and you get up and you
00:05:13.039 pursue it as if you starting all over
00:05:15.520 again as if you got a chance this too
00:05:17.919 shall pass like every storm that has
00:05:20.080 come to you every single storm this too
00:05:22.800 shall pass you don't have to be perfect
00:05:25.199 your circumstances don't have to be
00:05:26.880 perfect you don't have to be born in a
00:05:28.639 perfect environment you don't always
00:05:30.080 have to do the right thing the right way
00:05:32.320 for you to get to prosperity you don't
00:05:34.960 have to be perfect to get to the place
00:05:37.120 where you want to be in life all you got
00:05:38.880 to do is be willing all you got to do is
00:05:41.039 try all you got to do is put forth
00:05:42.960 efforts you want to get out in the field

00:05:45.520 where the action is and you will be
00:05:48.280 amazed after the struggle there will be
00:05:50.880 a calm period and things will begin to
00:05:53.520 click for you come out here with what
00:05:55.360 you got you don't have enough money
00:05:56.800 don't worry about it you got the dream
00:05:58.800 just go out there it's possible you can
00:06:01.039 get what you want it's necessary if you
00:06:02.960 want it you got to go into action you
00:06:04.240 got to be willing to experiment you got
00:06:05.919 to be willing to fail and to succeed for
00:06:08.080 those of you that are willing to focus
00:06:09.840 your energy on your life on what you
00:06:12.400 want to create as you focus on something
00:06:14.880 as you go into action as you hold that
00:06:17.360 thought in consciousness persistently
00:06:19.600 you begin to develop the consciousness
00:06:21.680 to manifest and create all kinds of
00:06:23.759 things you will begin to realize powers
00:06:26.400 and abilities you have you will realize
00:06:28.720 you have miracle working power in you
00:06:31.120 you keep going you keep studying you
00:06:34.080 keep writing you keep singing you keep
00:06:36.880 rapping you keep boxing you keep
00:06:39.520 fighting you keep dribbling you just
00:06:41.600 keep on keeping on it's your life nobody
00:06:44.400 else owns it you are the captain of your
00:06:46.880 ship you are the master of your life you
00:06:49.600 can have it you can do it you can be
00:06:54.120 it download this video and audio by
00:06:56.720 becoming a member at
00:06:58.520 benlionscott.com plus get early access
00:07:00.800 to all new content and hundreds of

DOCUMENTATION TRANSKIP FROM YOUTUBE

VIDEO 6

Transcript

Don't Settle For AVERAGE! - Student Motivational Video

By Motivation2Study

<https://www.youtube.com/watch?v=uMPX-C5dQKY>

00:01 – 00:05 listen to me I'm allergic are you hearing me I'm allergic to average

00:06 – 00:09 and the problem with a lot of you is you're not allergic to average, all right.

00:10 – 00:12 you got to do me a huge favor man you lying to yourself.

00:13 – 00:19 on one point you saying you want to be great you want to do great things you want to have greatness you want to be great.

00:20 – 00:50 but on the other hand for real for real you comfortable with average and I told you listen to me, I don't care what side of the the railroad track you were born on, I don't care if you were flu it I don't care if you privileged, I don't care if you grew up in poverty with the father without a father with a mom without adopted, I don't care listen to me the reason why I'm telling you that I'm allergic to average is not personal ET is allergic to it because success is allergic to average success and average don't have nothing to do with each other.

00:51 – 00:56 talk is cheap so you can say that you're allergic to average but are your actions backing it up ?

00:57 – 01:12 you got to show the world that you mean business you got to show the world that you come to take action see greats like you jump over hurdles run through barriers but never ever stop grinding to win

01:13 – 01:32 you can't say there's certain dreams and goals there things you want to have and things you want to be. if you are still average you got to get to the point, where you get allergic to average you don't think average you don't perform average success, and average have absolutely nothing to do with this what I'm telling you.

01:33 – 01:44 your boss can't stand aage your coach can't stand aage your teacher can't stand out your mama might put up with it your Daddy might put up with it.

01:45 – 01:50 but listen to me very closely nobody really likes average because average attracts average.

01:51 – 02:00 you can't help it that you suffer from ambition you can't help it that you suffer from trying to be great you can't help it that you suffer for trying to go to the next Plateau you can't help it

02:01 – 02:11 but that's not you you have dreams you have goals you have aspirations you have desires and you are taking action to make all of your dreams a reality

02:15 – 02:31 that every fiber of your being every fiber of your existence wants to win you can't help it that you suffer from a severe case of aspiration purpose and dream chasing

02:32 – 02:39 that's the exact reason why you keep racing because you're trying to catch up to your dreams

02:40 – 03:00 because they won't do it that has absolutely nothing to do with you some people have a problem for every solution some people don't believe that they can achieve at a high level some people are okay doing what normal people do doing what average people do doing just enough to get by.

03:03 – 03:14 they got to go because now it's back to the Grind because now it's back to the shine because now it's back to getting after it now it's back to going all in for what you said you wanted

03:15 – 03:33 I need you to speak it one time one time that's it I need you to say it. one time I need you to get it out of the atmosphere I need you to say it so you can hold yourself accountable to what you said tell a friend so they can hold you accountable but after you say it once shut your mouth go into the lab and get to do mere are you hearing me ? shut your mouth back. you didn't hear me say a million times I was going to speak for the NFL but I'm in the NFL you didn't hear me say a million times I was going to Australia you heard me say it once then I went in the lab and I got to work.

03:46 – 03:59 let me tell you something very carefully cuz I'm tired of people calling me I'm tired of people emailing me I'm tired of people texting me and saying ET it's not working ET I'm grinding ET I'm hustling ET is not working listen to me very carefully you read what you don't get it twisted.

04:00 – 04:09 you reap what you saw now if you don't see what you think you should see understand that to grow a bush and to grow a tree it take a little bit more time boo.

04:10 – 04:28 so yeah you've been studying for three months and yeah you've been grinding for one year and yeah you've been hustling for two years now and you're not seeing what you but guess what I told you before you've been doing it for two years but what were you doing the other 30 years what were you doing the other 21 years so it's going to take time but listen to me very closely if you would get yourself in the lab. Phenol say it write it down look at it but get in the lab number one and start working on it when you have an extraordinary mindset you are determined to make the impossible possible. Whole ye you are smined to make the unbelievable believable you are determined to do more each and every day than that average person will do in a whole week you are determined to do more in a week than an average person does in a month you are determined to do more in a month than an average person does in a whole year some of y'all you lying to yourself you say you want to be great you say you want to get to the next level you say you want to be dominant on that field you say you want to go to the final four you say you want to be a national champion listen to me you say you want a promotion you say you want to start your own business but listen to me very closely you talk too much shut up get in the lab and let's go to work go to work and do your work

05:31 listen to me don't just go to work when you feel like it go to work every single day work on it every day I need you to pceout yourself in a position to shine I need you to put yourself in a position to climb I need you to put yourself in a position to redesign I need you to put yourself in a position to redefine and I need you to put yourself in a position to realign your alliance if the

people in your circle are [Music] average we don't do average we won't do average I need you to have a CEO mindset Champion Energy

06:09 only you set them standards and you make each and every person that you come in contact with rise up to your standards Do not drop down to their level and that wasn't an average thing see average people get average results but great people people get great results when they take the necessary actions I want you to Picture This imagine trying to climb up a steep hill with somebody on your back that's exactly what it is when you allow that average mindset to attack you you trying to go up but you have this negative energy

06:53 trying to pull you back down will you please stop trying to mix unbenal energy with average it doesn't work you are allergic to average listen to me don't keep calling me and telling me you going to get on the Dean's List do me a favor don't tell me you going to be on the honor Road shut up go to work and show me average people don't understand that so when you tell them your come up goals they're going to tell you exactly why they can't be achieved well I I tried that before it didn't work for

07:32 me my my cousin tried that before it didn't work for him what does that got to do with you but whatever you do do not let that average enter into your system this is a great day to win [Music]

DOCUMENTATION TRANSKIP FROM YOUTUBE

VIDEO 7

Don't Compare Yourself to Anyone || Life Changing Story

By [Wise Mindset](#)

<https://www.youtube.com/watch?v=IXIM6krQo8M>

00:01-00:07 if you're not satisfied with your life then watch this video Until the End this story is going to change your life.

00:09-00:13 once upon a time a crow was very unhappy with his life.

00:14-00:16 one day he started crying while sitting on a tree.

00:18-00:23 a monk was sitting under the tree just then a drop of the Crow's tears fell on the Monk's cheek.

00:24-00:27 the monk raised his head and saw that the crow was crying. the monk asked why why are you crying? the crow said oh wise one I'm very upset with my life no one loves me people shot me away in disgrace and don't give me anything to eat everyone hates me death is better than such a life. hearing the Crow's words the Monk's heart was filled with compassion he said we should learn to be happy in whatever condition we are in but the crow didn't understand the Monk's words and kept crying the monk said don't be upset tell me what do you want to be I can make you that with my Mantra the crow became happy and said oh blessed one if you want to do me a favor then please make me a swan he said okay I will make you a swan but first go to a

01:14 swan and ask whether he is happy with his life or not you go and find out and until then I will wait for you here the crow happily flew away to meet a swan the swan was swimming in a pond he went to the Swan and said how beautiful you are you are as white as milk everyone loves you you must be the happiest bird in the world the swan said no my friend I'm not happy there are so many beautiful colors in the world but I don't have any colors white is nothing I think the parrot must be the happiest bird in the world it's

01:49 so colorful hearing this the crow flew away and reached the parrot oh parrot he said you are so colorful and beautiful you must be the happiest bird in the world no my friend I'm not happy people keep parrots in cages I'm always afraid that someone may hold me and lock me in a cage I think the peacock is the happiest one he is more colorful than me hearing this the crow flew around looking for a peacock he finally found a peacock in a cage in a zoo hundreds of people had gathered to see him after they left he

02:23 approached the peacock and said dear peacock you are so beautiful thousands of people come to see you look at me when they see me they immediately sh me away I think you are the happiest bird on the planet the peacock replied I always thought I was the most beautiful and happiest bird on the planet but because of my beauty I'm entrapped in this Zoo when people pluck my colorful feathers to make decorative things it hurts a lot I'm not happy my friend the crow was surprised to hear this from the peacock he asked him if

02:57 you are not happy then who is the happiest bird bird in the world the peacock said I have examined the zoo very carefully and realized that you the crow are the only bird not kept in a cage people don't try to catch or ENT trap you for the past few days I have been thinking that if I were a crow I could happily roam everywhere I could be free hearing this he came back to the monk For the First Time The Crow was happy to be a crow he said oh wise one I don't want to be anything else I'm fine as I am in our lives we often make

03:32 unnecessary comparisons with others become sad and curse ourselves this leads to a vicious cycle of unhappiness you should learn to be happy with what you have instead of looking at what you don't have there will always be someone who has more or less than you do if you keep comparing yourself with others you will never be happy a person who is satisfied with what they have is the happiest person in the world don't compare yourself to anyone in life if you do so you are the the saddest person in the world

DOCUMENTATION TRANSKIP FROM YOUTUBE

VIDEO 8

Why Do We Fall - Motivational Video

<https://www.youtube.com/watch/mgmVOuLgFB0>

00:00:18.000 Let me tell you something you already know The world ain't all sunshine and rainbows

00:00:23.000 It's a very mean and nasty place,

00:00:25.200 and I don't care how tough you are, it will beat you to your knees and keep you there if you let it.

00:00:31.500 You, me or nobody is gonna hit as hard as life.

00:00:35.500 But it ain't about how hard you hit.

00:00:37.500 It's about how hard you can get hit and keep moving forward.

00:00:41.100 How much you can take and keep moving forward.

00:00:44.600 That's how winning is done!

00:00:48.000 Pain is temporary.

00:00:50.500 It may last a minute, or an hour, or a day, or even a year,

00:00:55.900 but eventually it will subside

00:00:58.500 and something else will take its place.

00:01:01.600 If I quit, however, it lasts forever.

00:01:10.444 The margin for error is so small...

00:01:13.065 one-half a step too late or early, and you don't quite make it.

00:01:18.694 One half-second too slow, too fast, you don't quite catch it.

00:01:22.597 The inches we need are everywhere around us.

00:01:27.700 They're in every break of the game, every minute, every second.

00:01:36.046 You got a dream, you gotta protect it.

00:01:42.058 People can't do something themselves they wanna tell you you can't do it.

00:01:48.037 If you want something, go get it. Period.

00:01:54.642 Don't be afraid to fail.

00:01:57.130 You can't always win, but don't afraid of making decisions.

00:02:02.947 You have to believe that something different can happen.

00:02:07.384 He who says he can

00:02:09.252 And he who says he can't are both usually right

00:02:14.284 Most of you said that you want to be successful, but you don't want it bad.

00:02:17.666 You just kinda want it.

00:02:19.640 You don't want it bad than you want to party.

00:02:21.924 You don't want it as much as you want to be cool.

00:02:24.248 Most of you don't want success as much as you want to sleep!

00:02:28.929 Our deepest fear is not that we are inadequate.

00:02:31.892 Our deepest fear is that we are powerful beyond measure.

00:02:35.605 It is our light not our darkness that most frightens us.

00:02:40.861 You have to dig deep down, dig deep down and ask yourselves,

00:02:44.507 Who do you want to be?

00:02:46.160 Figuring out for yourselves what makes you happy,

00:02:49.695 no matter how crazy it may sound to other people.

00:02:53.749 Make a choice.

00:02:55.581 Just decide,

00:02:57.835 what it's gonna be, who you're gonna be, how you are going to do it.

00:03:01.380 Just decide.

00:03:04.640 Why not?

00:03:05.799 Why can't I be MVP of the league?

00:03:08.482 Why can't I be the best player in the league?

00:03:11.066 I don't see why. Why, why can't I do that?

00:03:32.543 What is it you said to the kid?

00:03:34.672 It ain't about how hard you hit.

00:03:36.741 It's about how hard you can get hit and keep moving forward. How much you can take and keep moving forward.

00:03:45.400 Get up.

00:03:47.015 Get up.

00:03:49.134 Get up and don't ever give up.

00:03:56.702 And we can stay here, get the shit kicked out of us...

00:04:00.371 or

00:04:01.993 we can fight our way back into the light.

00:04:06.278 We can climb out of hell...

00:04:10.037 ...one inch at a time.

00:04:13.204 To be able at any moment

00:04:16.488 Sacrifice what you are for what you will become.

00:04:22.320 Most of you won't be successful because when you're studying, and you get tired, you quit.

00:04:27.194 'I'm not good in math.' That's right, because you never study!

00:04:31.164 'I'm no good in rhyme.' Because you never write before!

00:04:35.034 Talent you have naturally.

00:04:36.440 Skill is only developed by hours and hours and hours of beating on your craft.

00:04:42.584 If you are not making someone else's life better,

00:04:46.540 you're wasting your time.

00:04:48.532 Don't cry to quit, cry to keep going.

00:04:51.244 Don't cry to quits.

00:04:52.889 You already in pain, you already hurt. Get a reward from it.

00:04:57.102 If you know what you're worth, go and get what you're worth!

00:05:00.058 But you gotta be willing to take the hits,

00:05:02.034 and not pointing fingers saying you ain't where you wanna be because of him or her or anybody!

00:05:07.682 Cowards do that, and that ain't you!

00:05:09.889 You're better than that!

00:05:11.681 Every day is a new day.
00:05:14.135 Every moment is a new moment.
00:05:16.618 Now you've got to go out and show them that you're a new creature.
00:05:19.709 Now!
00:05:21.046 I'ma show you how great I am!
00:05:28.888 In the seventeenth chapter of St. Luke, it's written "the kingdom of God is within man",
00:05:32.573 not one man nor a group of men, but in all men! In you!
00:05:35.550 You, the people, have the power,
00:05:38.635 the power to create machines,
00:05:40.073 the power to create happiness
00:05:41.679 You, the people, have the power to make this life free and beautiful,
00:05:45.155 to make this life a wonderful adventure.
00:05:48.376 Now!
00:05:48.875 What are you gonna do?
00:06:05.706 Because limits
00:06:06.606 like fears are often just an illusion.

DOCUMENTATION TRANSKIP FROM YOUTUBE

VIDEO 8

The Greatest - Muhammad Ali Motivational Video

<https://www.youtube.com/watch/V2EfL1j4KYE>

00:00:05.350 He would come to the gym and if he didn't get a ride to the gym,
00:00:09.100 he didn't have no car,
00:00:11.010 he would run.
00:00:11.590 He would run across the causeway.
00:00:16.360 Mohammed Ali,
00:00:18.060 one of my great heroes,
00:00:19.460 had a great line in the '70s when he was asked,
00:00:21.370 "How many sit-ups do you do?"
00:00:23.560 He said, "I don't count my sit-ups. I only start counting when it starts hurting.

00:00:27.510 When I feel pain, that's when I start counting, because that's when it really counts.”

00:00:31.590 That's what makes you a champion.

00:00:34.340 Jerry, I'm the greatest fighter that ever stepped foot in the ring.

00:00:37.040 Money will be lost that night.

00:00:38.220 This will be the biggest upset in the century of all boxing.

00:00:41.570 I think you're a big bag of wind.

00:00:43.440 The damndest showman that ever lived, and you ain't kidding anybody.

00:00:46.430 The odds were 7-to-1.

00:00:48.130 It's very big odds...

00:00:50.220 for a heavyweight championship fight.

00:00:52.070 It has to be Liston.

00:00:53.170 Liston is a much bigger puncher.

00:00:55.120 Where all these bigmouth people talking about I talk too much

00:00:58.240 Well, I want all of them to be there. And I'm gonna shut up all of you's mouths.

00:01:03.000 And Cassius Clay has won out of six-round...

00:01:06.580 Cassius is not my name no more.

00:01:08.240 So you want to keep calling me a white man's name. I'm not white.

00:01:10.550 Ali continues to scream at Terrell.

00:01:13.010 He beat the hell out of those who didn't want to use his name.

00:01:16.390 Mr. Muhammad Ali has just refused to be inducted...

00:01:19.450 into the United States Armed Forces.

00:01:22.040 I'm just about broke.

00:01:23.140 I'm not allowed to work here now in America.

00:01:25.580 I'm gonna fight,

00:01:27.280 not for me

00:01:29.100 but to uplift my little brothers who are sleeping concrete floors today in America.

00:01:33.360 He wanted to become famous to help people. It's wonderful...

00:01:39.470 I'm gonna float like a butterfly

00:01:41.420 and sting like a bee.

00:01:43.070 George can't hit what his eyes can't see.

00:01:45.500 All you chumps are gonna bow when I whoop him,

00:01:48.370 all of you, I know you got him, I know you've got him picked,
00:01:51.450 but the man's in trouble,
00:01:52.530 I'ma show you how great I am
00:01:54.550 I bluffed him, I'd done everything.
00:01:56.260 Beat him up,
00:01:57.130 basically for about five or six rounds.
00:01:59.150 I thought it was easy.
00:02:00.340 Then about the sixth round
00:02:01.510 he whispered in my ear, after I'd hit him in the side,
00:02:05.070 "That all you got, George?"
00:02:09.500 And never talk about who's gonna stop me.
00:02:12.090 Ain't nobody gonna stop me.
00:02:16.250 I must be the greatest.
00:02:18.000 I shook up the world.
00:02:19.210 I shook up the world.
00:02:23.520 I told you all, all of my critics,
00:02:25.450 that I was the greatest of all time.
00:02:29.110 He who is not courageous enough to take risks will accomplish nothing in life.
00:03:05.290 When you're a kid, you always bet some fellas, "I'm gonna be champion one day,
00:03:09.140 and when I'm champion, I'm gonna come down and show you I'm wrong."
00:03:12.050 And then I say, "Guys, I'm gonna be a great doctor one day"
00:03:14.190 and I'm gonna be a dentist. I'm gonna be a great scientist."
00:03:17.040 "I'm gonna be the President of the country."
00:03:18.250 And there are very few people actually
00:03:21.080 are able to make good of the boasts and come home and say,
00:03:24.050 "I told you."

DOCUMENTATION TRANSKIP FROM YOUTUBE

VIDEO 10

Tyson Fury - motivational Video

<https://www.youtube.com/watch/Se7ulyG5nFA>

00:00:00.476 When you lose control of your own mind, you're in bad place.

00:00:05.889 I know it affects so many people in so many different ways

00:00:08.566 and it's a silent killer. It's almost like carbon monoxide poisoning.

00:00:14.533 You can't smell it, you can't taste it, you can't feel it. But you die.

00:00:18.815 So many people take their lives on a daily basis with mental health problems,

00:00:22.271 and others look at them and say "he was a weak person" or "she was a weak person".

00:00:26.585 We're not weak, you just need help. Why did that hit you, you were the champion of the world? You were the baddest man on the planet.

00:00:37.086 It wasn't after the fight. I've been suffering with my whole life. Have you ever been left behind somewhere, when everyone else is going somewhere and you're left.

00:00:48.588 That's how I feel on a regular basis and I didn't know what it was.

00:00:52.557 When you fell into that depression, how dark was it?

00:00:55.327 It was terrible, I was thinking about suicide every day.

00:00:58.256 I put on 147 pounds, I was taking drugs on a daily basis, I was drinking on a daily basis, I was gone.

00:01:04.831 I was making everybody's life a misery,

00:01:06.428 everybody who was close to me was pushed away.

00:01:09.134 You've got a man who's got three kids at that time, who wants to die, on a daily basis.

00:01:15.810 It's not good place is it to be in.

00:01:20.450 Two and a half year later I've decided to make a comeback.

00:01:24.760 It was mission impossible to be honest with you at first. Everybody thought he was finished.

00:01:28.766 If mental health can bring somebody as big as me, as strong as me,

00:01:32.057 you know the stereotype heavyweight champion of the world, to my knees.

00:01:36.664 Than it can bring anybody to the knees.

00:01:39.160 I thought to myself, if I can show to the world that, you can comeback from it.

00:01:43.760 Get back in shape, get back to the top, than anybody can do it.

00:01:51.896 Fight is not a fight, until there is resistance - until there's something to overcome. Something to overcome.

00:02:00.849 I think life is that.

00:02:05.720 I think that you don't know if a lawyer is a lawyer until there's something to overcome in the courtroom. Something goes wrong.

00:02:11.601 A doctor is not a doctor until he opens up this kid.

00:02:14.920 A kid. Just like he's got at home and arteries are bleeding all over the place and it's not in the textbook and he's gotta do it.

00:02:23.990 He gotta figure it out. Then he's doctor. Then he's a surgeon. At that level.

00:02:30.550 You're not in a fight, until there's pressure.

00:02:35.000 Resistance.

00:02:36.592 Overcoming something.

00:02:44.430 I don't even think he's going to get up. I think it's all over.

00:02:48.260 Maybe he was thinking about whether or not it was worth getting up.

00:02:55.494 This is my way of connecting the dots to you.

00:02:59.200 When you've gone through things in your life where you've thought about not getting up.

00:03:03.240 There is still that to get up.

00:03:05.680 You are not in a solitary universe where only you have felt that way.

00:03:12.440 Prizefighters have felt that way.

00:03:14.200 And if you can understand that it doesn't make you weaker than other people, doesn't make you less than other people.

00:03:22.847 That you are in the same place as other people.

00:03:25.000 Even prizefighters have felt that way.

00:03:26.499 Even prizefighters who you look up to who do that for a living.

00:03:29.440 Who you thought you could never behave like or dealt with the thing they dealt with.

00:03:33.840 Yes you can.

00:03:35.547 That's the truth in life, that you are not the only one who feels that way.

00:03:41.126 Even these gladiators feel that way.

00:03:44.360 All that matters is what he did. That all that matter.

00:03:49.120 I think it's over, is he going to get up.

00:03:51.273 Can he get up?

00:03:53.199 He does.

00:03:54.480 Oh my Goodness, somehow Fury has managed to get up.

00:03:58.284 Thinking about not getting up, is not the end of it.

00:04:02.270 That's not the end of it.

00:04:03.840 That's not the prison sentence.

00:04:09.147 Getting up, or not getting up is.

DOCUMENTATION TRANSKIP FROM YOUTUBE

VIDEO 11

Day one

<https://www.youtube.com/watch/xmmS-TcF8HY>

00:00:05.000 There is no idealistic future.

00:00:09.590 You know, where it's just going to all be right

00:00:12.150 and we're just going to be happy.

00:00:18.200 The tragedy is that we don't recognize it until after the fact.

00:00:27.800 Everything is it's so cyclical

00:00:29.200 everything that is good

00:00:31.100 we can be 100% guaranteed that it's going to get bad again.

00:00:35.830 And as bad as it is, it can be 100% guaranteed that it's going to get good again.

00:00:44.330 The key is to not waste that suffering

00:00:48.130 when it comes. See it as a...

00:00:54.170 see it as a gift,

00:00:58.370 as an opportunity to open our eyes

00:01:00.770 and to value what it is that we have

00:01:03.570 recognize what is good

00:01:07.170 and be able to

00:01:08.690 really value it as it's happening.

00:01:16.100 Every single good thing that happens in our lives.

00:01:19.100 Comes at a cost.

00:01:22.100 There's nothing for free.

00:01:24.000 But at the same time, everything we struggle with

00:01:27.130 has opportunity and lesson that goes with it.

00:01:30.930 My career and the concept of 'why' came out of...

00:01:33.530 me... losing my passion and hating work.

00:01:37.030 I went through depression. Inever want to go throught that again but I'm really glad it happened.

00:01:43.030 I believe everything happens for a reason

00:01:46.130 and sometimes good things fall apart so better things can fall together

00:01:50.930 And so by the time you are in the prison, that not rock bottom for you?

00:01:54.030 No.

00:01:55.000 You are Robert Downey Jr. You are Golden Globe Award, Oscar nominee, movies...

00:02:00.000 The life that most people look at and think:

00:02:01.190 "Gosh I would like piece of that life" and than..

00:02:04.390 God punishes you by giving you everything you want...

00:02:08.090 to see if you can handle it.

00:02:09.289 He wants to show you something

00:02:11.090 He wants to see how much you can take, how much you can handle of life.

00:02:17.390 It's easy to embrace hopelessness, when things seem insurmountable.

00:02:24.020 It's not that difficult to overcome this seemingly ghastly problems.

00:02:28.820 You are saying that it's not that difficult?

00:02:31.120 No.

00:02:32.820 What's hard is to decide.

00:02:38.120 You got to understand, before you succeed, you must first must learn to fail.

00:02:42.020 Like if you failed 1 or 2 times. And you stop pursuing your dream,

00:02:47.020 you ain't ready anyway.

00:02:50.120 But that's with everything... right? In life, people emulate the end result, not the process.

00:02:55.820 Most difficult situations will resolve themselves if you are persistent.

00:03:01.320 And if you don't give up entirely.

00:03:03.020 That's what I've never did. I never gave up.

00:03:07.020 Michael Jordan missed 9 000 shots.

00:03:12.020 He failed 9 000 times.

00:03:15.120 Do you get it? We all failed...

00:03:18.120 it's ok.

00:03:20.620 What is not ok is.. that when you failed you stay down.

00:03:26.820 Think about the times

00:03:30.920 when everything was going wrong.

00:03:34.320 Nothing was going right.

00:03:37.520 When there was no friends around.

00:03:39.120 No family. You are in that place...

00:03:44.120 what kept you going?

00:04:03.120 When does a new day start?

00:04:07.520 At midnight.

00:04:11.420 If a new day starts in the dark

00:04:17.920 why are you afraid to have use your dark side for your new beginnings.

00:04:24.820 There'll be times where you succeed and times that you fail.

00:04:28.120 Wasting your time doubting whether you're gonna be successful or not is pointless.

00:04:31.820 You just put one foot in front of the other.

00:04:34.120 You control what you can control.

00:04:35.920 And then you see what the outcome is.

00:04:38.620 If you win, great. You're going to have to wake up next day and do the journey over again.

00:04:43.270 If you lose, sucks. But you have to wake up next day and do the journey all over again anyway.

00:04:49.180 Is going be certain seasons in life to where you are in the season of just enduring.

00:04:53.580 No matter how things go well,

00:04:56.080 you're going to be in some seasons of your life to where you feel like ain't nothing working.

00:04:59.010 You coming down the court, clear shot at the basket, ain't nothing falling.

00:05:03.110 Man you're not crazy,

00:05:04.610 this is life, there's nothing wrong with you.

00:05:08.150 Thees are the ups, the downs. Successes, failures.

00:05:11.350 This is the totality in the process of life.

00:05:14.190 There's nothing wrong with you and you can't escape it.

00:05:18.190 "You stay calm!"

00:05:22.360 If you just do stuff and nothing happens...

00:05:25.260 "Why do you even want me?"

00:05:27.360 ...whats it all mean?

00:05:30.260 Whats the point?

00:05:32.460 When you come out of the storm, you won't be the same person who walked into it

00:05:36.360 That's what the storm is all about.

00:05:39.360 When you can't control what's happening to you, control how you respond to it.

00:05:43.160 That where your power is.

00:05:48.330 Because sometimes we don't understand life, what is this thing, what is my purpose, why I am here?

00:05:54.330 Why do I have to go through this pain?

00:05:56.130 Why I have to go to through this fear all the time?

00:05:58.230 Why can't it just be peaceful all the time?

00:06:03.230 Then there wouldn't be life.

00:06:07.330 I know the initial reaction when we go through things is to say:

00:06:11.130 "Why does this have to happen to me?" And that's an honest reaction.

00:06:15.030 Because sometimes good people go through some crazy stuff.

00:06:19.030 And some of the things we go through.. I'm just be real, there's not a scripture for it.

00:06:24.430 We have to take life at it's term. Life on life terms not our life on our terms.

00:06:30.230 We have to live life on life terms.

00:06:34.130 You say you love life, you want to live like... I'ma show you life.

00:06:38.030 Life is beautiful but you have to accept the good and the bad as being beautiful.

00:06:46.030 You want the whole blueprint. It's like... no no no.

00:06:48.230 Just take the first step.

00:06:54.030 If you don't fail,

00:06:57.130 you're not even trying.

BIOGRAPHY



Mefri Nindita Utami was born in the daspetah,kepahiang kab. Bengkulu province on september 09 2002. The author was born to Sopian Jaya and Leni Sugihati . Started elementary school education at SDN 01 Ujan Mas. Then continued his education at SMPN 1 Kepahiang. and continued to high school, namely SMAN 1 Kepahiang.

In 2020, the author was registered as a new student at IAIN Curup majoring in the English language study program and graduated in 2025. With perseverance, high motivation to continue learning and trying. The author has successfully completed the final work on this thesis. Hopefully, writing this final thesis will be able to make a positive contribution to the world of education.